

## Our Mission

ZENMED skincare offers the informed consumer the immediate effects of cosmecutical procedures using proven medicinal and esthetician-grade actives without compromising the holistic foundations upon which we are based. We continue to be at the forefront of developing Doctor-formulated skincare targeted towards persistently troubled skin. Our belief in this approach continues to be supported and endorsed by the medical as well as the naturopathic community worldwide.

## Instructions for Skin Eraser Kit

The Skin Eraser Kit is a two-part combination of a chemical and microdermabrasion treatment. We have combined these two products to give the informed consumer the quickest and best results from an at-home peel session possible. Please read the warnings and follow the instructions as they appear.

WARNINGS: These products will cause a peeling of the surface of the skin. Although down-time is not expected, we do recommend that you use these products at night only and always follow with a neutral moisturizer to prevent irritation. If irritation occurs, rinse off using cool water. The Skin Eraser must not be used near broken skin, eyes, lips, nostrils, and mucous membranes. These products will make your skin more sensitive to UV exposure. Limit your exposure to the sun at all times and always use a sunscreen if you need to be outside. Tanning beds are not recommended for use with these products. Do not use other peel products, retinoids, acids, scrubs, and exfoliators while using these products as doing so may cause irritation. FOR EXTERNAL USE ONLY.

## **Instructions:**

Step One: At night, cleanse your face with a gentle cleanser like the Facial Cleansing Gel. Leave face wet.

**Step Two:** Dispense a small amount of the Microdermabrasion Complex onto wet fingertips and apply using circular motions to the face. Do this a section at time, massaging onto the skin for about 10 seconds at a time. Once the entire face is covered, rinse off using tepid water. Pat skin dry.

**Step Three:** Apply a thin layer of the Skin Eraser to the face, avoiding eyes, lips, and nostrils. Leave on the face for 30 seconds to one minute before rinsing with tepid water. If you notice tingling, rinse off sooner. Pat skin dry and apply AVT Cream.

This is the adjustment period where the skin is made to get accustomed to the potent acid blend. This should be performed twice in one week with a few days in between to begin with. After a few days after the second treatment, you can start with five days of consistent use leaving the Skin Eraser on, not rinsing it off. Then take five days off, using just a gentle cleanser (Facial Cleansing Gel) and neutral moisturizer (AVT Cream) at night. The five days off gives the skin an opportunity to rejuvenate itself. Repeat as long as desired or until ideal results are attained.

The Skin Eraser Kit can be used as a treatment regime for long-term use as it will give an amazing improvement to damaged and/or aging skin. It can also be purchased for the odd "spa-day-at-home treatment", giving you esthetician results without the huge cost.

Questions or comments? Contact us at info@zenmed.com.

