



SUGGESTED SKINCARE REGIMES

**SUGGESTED HOME CARE ACNE REGIMEN
FOR CLASS 1 ACNE - CONGESTED SKINS- POTENTIAL TO BLEMISH**

AM

Ultra Mild Cleanser
Antibacterial Peptide Cream
SPF 25 Oil Free

PM

Ultra Mild Cleanser
Antibacterial Peptide Cream

Alternatives if more blemishes are present

Deep Cleansing Salicylic wash
Mag C peptide serum
Oxy infusion Cream
Oil Free Plus Moisturiser
Ultimate Retinol Rejuvenator

**SUGGESTD HOME CARE ACNE REGIMEN
FOR CLASS 2 ACNE - ACTIVE BLEMISHED SKINS**

AM

Ultra Mild Cleanser
Oxy Infusion Cream
Antibacterial Peptide
SPF 25

PM

Ultra Mild Cleanser
Mag C Peptide Serum
Cream Oxy Infusion Cream
Antibacterial Peptide Cream

Alternatives

Oil Free Moisturiser
Recovery Complex

Deep Cleansing Salicylic Wash x2 week
Acne Attack Rx System
Microderma Rx System
Oil Free Moisturiser

**SUGGESTED HOME CARE ACNE REGIMEN
FOR CLASS 3 ACNE - ACTIVE, CYSTIC SKINS**

AM

Ultra Mild Cleanser
Antibacterial Peptide Cream
SPF25

PM

Ultra Mild Cleanser
Antibacterial Cream
Recovery Complex

Alternatives

Oil Free Moisturiser

Deep Cleansing Salicylic Wash
Acne Attack Rx System
Microderma Rx System
Ultimate Retinol Rejuvenator

**POST HOME CARE ACNE REGIMEN
FOR SCARRED, PITTED, THICKENED DULL SKINS**

AM

Ultra Mild Cleanser
Mag C Pepitde Serum
IGF Dermal Matrix Microgel
Recovery Complex
SPF25

PM

Ultra Mild Cleanser
Mag C Peptide Serum
Ultimate Retinol Rejuvenator
Recovery Complex

Alternatives

Antibacterial Peptide Cream
Ultimate Retinol Rejuvenator

Acne Attack System (for outbreaks)
Oxy Infusion Cream
Microderma Rx System



SUGGESTED HOME CARE HYPERPIGMENTATION REGIMEN - MELASMA

AM

Ultra Mild Cleanser
MagC Peptide Serum
Phyto Lightening cream
SPF25

PM

Ultra Mild Cleanser
MagC Peptide Serum
Phyto Lightening cream
Recovery Complex

Alternatives

Microemulsion Antioxidant Serum
Ultimate Retinol Rejuvenator

Microemulsion Antioxidant Serum
Ultimate Retinol Rejuvenator

SUGGESTED HOME CARE HYPERPIGMENTATION REGIMEN FOR GENERALISED SUN DAMAGED – FACE, NECK, BACKS OF HANDS, DECOLLETE

AM

Ultra Mild Cleanser
MagC Peptide Serum
Phyto Lightening Cream
SPF25

PM

Ultra Mild Cleanser
MagC Peptide Serum
Phyto Lightening Cream

Alternatives

Microemulsion Antioxidant Serum
Ultimate Retinol Rejuvenator

Microemulsion Antioxidant Serum
Ultimate Retinol Rejuvenator

SUGGESTED HOME CARE ANTI-AGEING REGIMEN FOR FINE LINES AND WRINKLES

AM

Ultra Mild Cleanser
MagC Peptide Serum
Ultimate Retinol Rejuvenator
Recovery Complex Recovery Complex
SPF

PM

Ultra mild Cleanser
MagC Peptide Serum
Ultimate Retinol Rejuvenator

Alternatives

Microderma Rx System
Microemulsion Antioxidant Serum
Microemulsion Antioxidant Serum
IGF Dermal Matrix NanoGel
Recovery Cream
Ultimate Retinol Rejuvenator

Microderma System
Nano Eye Lift

Ultimate Retinol Rejuvenator
IGF Dermal Matrix MicroGel
Recovery Complex