



6 OF THE BEST FABULOUS FRAGRANCES

1. Vanilla, Freesia and Lychee, Natural Spray Eau De Toilette from Korres

For women that like oriental and floral fragrances, you'll adore this one. Vanilla, freesia and lychee come together to create an elegant fragrance that's rather seductive. 50ml/£30.00 liberty.co.uk

2. La Petite Robe Noire Eau De Parfum Couture from Guerlain

A fabulous fresh fragrance with sparkling fruity notes. But as if that's not enough, the glass showcases the legendary 'heart-shaped' bottle, giving it a modern touch. You'll love this one. 50ml/ £63. guerlain.com

3. Pomegranate Noir Cologne from Jo Malone

Imagine the ruby-rich juices of pomegranate, raspberry and plum which are spiked with pink pepper, and laced with Casablanca lily and spicy woods. This is wonderfully sexy, daring and mysterious. 100ml/ £82. jomalone.co.uk

4. Bergamot Perfume from St Kitts

The new and improved bergamot fragrance that's both fresh and musky. Base notes of musk, amber and patchouli blend beautifully with citrus top notes of bergamot, lemon, orange, grapefruit and lime; creating a long lasting, full bodied and delectably lavish scent – it's gorgeous. 50ml/£24.95 stkitsherbery.co.uk

5. Botanical Essence No.100 Eau De Parfum from Liz Earle

Derived from over 90% natural ingredients, this limited edition floral fine fragrance is delightful. Blossoming notes of damask rose, orange flower and Indian jasmine are gently entwined by the subtle sensuality of cypress, sandalwood and bourbon vanilla, finished with the clarity of mandarin and bergamot. 50ml/£47. uk.lizearle.com.

6. Amazing Grace Eau De Toilette Spray Fragrance from Philosophy

This fragrance is crisp, clean and slightly floral. There's a feminine scent of beautiful bergamot, irresistibly soft muguet blossoms and lasting classic musk. The name really does say it all – it's amazing. 60ml/£32. philosophyskincare.co.uk



EYES HAVE IT

1. Masterpiece Transform Mascara from Max Factor

A brilliant narrow cored, slender brush allows you to apply mascara at the base of your lashes, to lift and shape lashes from root to tip. A wow product that's well worth trying. Black & black/brown £9.99. Boots.

2. Warm Eye Palette from Bobbi Brown

Six eye shadows: bone, champagne quartz metallic, malted, gold sparkle, sable and espresso. With a mirror and a dual ended eye shadow/eye liner brush this makes a super gift to create warm and cool eye looks. £37.50 bobbibrown.co.uk

3. Menopause Vitality Eye Serum from Stratum C

During the menopause the skin around the eyes becomes thinner, showing dark circles and puffiness appear as stress; tiredness and the menopause take their toll. This serum boosts collagen levels and blood flow around the eye area to visibly reduce dark circles and puffy eyes. Dispense one dose by syringe, which is sufficient for both eyes. Trust me, try this serum and see the difference. £54. stratumc.com



YOU'LL LOVE

1. Wild Rose Peeling Mask from Korres

This mask contains alpha hydroxyl acids, (AHAS), which offers deep exfoliation whilst protecting against redness and irritation. Removes dirt, dead skin cells, excess sebum and enhances natural skin renewal and softens fine lines. Seriously one to try! £26. Debenhams.com

2. Orange Flower Hand Wash from Liz Earle

Protect and hydrate your hardworking hands with this wonderful wash. It contains skin softeners, betaine and inulin; hydrating orange flower water and seven pure essential oils. I loved this one. £10.75 lizearle.com

3. Classic Collection – Spiced Apple & Vanilla from SensiChic

Candles are a great gift and this hand poured range will be well-received by all ages. Housed in a solid glass tumbler with embossed silver lid, there are three super fragrances to choose from. £18.95 sensi-chic.com

4. English Pear & Freesia Scent Surround Diffuser from Jo Malone

This is such an easy way to continuously fragrance a room. It gives a feel of autumn, with the freshness of just-ripe pears wrapped in a bouquet of white freesias and mellowed by amber, patchouli and woods. This is the gift that will fit into any home. £54. jomalone.co.uk



TRY ME

1. Wild Rose Advanced Repair Sleeping Facial from Korres

Better than a mask, better than a night cream, as this facial enhances natural cell renewal overnight. Facial contains wild rose oil and stabilised vitamin C for extra potent skin brightening, all working whilst you sleep. By morning you'll be amazed by your petal soft, radiant skin. It's a miracle in a pot! £26. Debenhams.com

2. Superskin Body Cream from Liz Earle

With the finest east African shea butter, a soothing blend of neroli, lavender & camomile pure essential oils that gently scent your skin whilst calming your senses. Fans of superskin will be thrilled there's now a body cream. £29.50 lizearle.com

3. Wood Sage And Sea Salt Cologne from Jo Malone

If floral fragrances are not for you, but you love to remember sunny days on the beach, this is crisp and clean without being too sweet. 30ml/£40. jomalone.co.uk

4. Lumablanc Cream from Pevonia

Use nightly about 30 minutes before bedtime. This clever cream tackles hyperpigmentation and dark spots. With a clever complex of highly active whitening and lightening agents, this is just what's needed for a brighter and more even skin tone. £80. pevonia.co.uk

5. Neom De-Stress Cedarwood, Lime And Black Pepper Body & Hand Wash

The ingredients are 100% natural and ethically sourced, without any 'nasties.' That makes this a beautiful body wash to use. This is a super range with lots of fragrances to choose from. Makes a lovely pressie. £16. neomorganics.com



STOCKING FILLERS

1. Tinted Lip Balm from Burt's Bees

No girl can get through winter without a lip balm and these are wonderful. They are 100% natural and offer a sheer wash of colour whilst caring for your lips. £5.99 burtsbees.co.uk

2. Grosvenor Gardens Gel Effect Polish from Nails Inc

There are now eight new shades showing the latest catwalk trends. Forget UV and soaking, there's no need. This is the easiest way to get glossy long-lasting colour, it's brilliant. £14. Works wonderfully with Kensington Caviar Base and 45 Second Top Coat - both £15 each. nailsinc.com

3. Blissful Rest Rollerball from Chawtons

Try this just before bedtime or when wanting to de-stress. Lavender, marjoram, ylang ylang and chamomile pure essential oils gently blended with aloe vera and witch hazel. It's an easy way to unwind. £7.99 chawtons.co.uk

4. Natural Lipstick from Lily Lolo

This lipstick delivers a burst of radiant colour for beautiful and nourished lips. Each of the ten shades gives a stunning, natural glow whilst protecting your lips with Vitamin E and rosemary extract. £8.99 lilylolo.co.uk

5. They're Real Mascara from Benefit

This is a long-wearing mascara, and the clever brush makes lashes look longer and much thicker. This is one you should try. £19.50 feelunique.com

GIRLY GIFTS

1. One Minute Transformation Styling Cream from Color Wow

Say goodbye to frizz by applying cream to dry hair. It transforms damaged-looking locks into healthy hair with a smooth shine. Wax and silicone free, it contains a lightweight blend of humectants that penetrates frizzy, brittle hair. Wow this works! £16.50.colorwowhair.com

2. Big Hair Root Volumiser from Envy Professional Haircare

This is an easy way to add lift to your hair that will last throughout the day. Simple to get salon style results in your own home. £14.95 envypro.co.uk

3. Serenity Room Mist from AromaWorks

This room mist contains 100% pure essential oils, so enjoy the warm fragrance of lemongrass and geranium to recapture the inner peace you deserve, especially at Christmas time. I'm sure you'll love this gorgeous serenity range. £20. aroma-works.com

4. Brilliant Hydra Elixir from Revlon Professional

If you have split ends, frizzy, dry or damaged hair try this. Its light texture doesn't weigh hair down but controls it, giving a silky finish, whilst protecting colour. Such a simple way to tame your mane. £10.99. revlonprofessional.com

5. Secret Paradise Soap In An Embossed Tin from Heathcote & Ivory

A beautiful heart-shaped soap that has been triple milled. It contains shea butter and glycerine that not only gently scents the skin, but leaves it feeling super soft. £5. heathcote-ivory.com





NAIL IT

1. Miracle Mist from Leighton Denny

A brilliant way to dry nails quickly and efficiently. It's a non-sticky mist in an aerosol format that speeds up polish drying time. It's so easy to use, plus it conditions cuticles too! £11. leightondenny.com

2. Slick Tips from Leighton Denny

Brilliant to give instant moisture for dried out nails and cuticles. Dry and rough looking cuticles are quickly transformed, looking more moisturised and much healthier. This one really works. £11. leightondenny.com

3. Under Cover Base from Leighton Denny

Use this as your perfect platform for colour. It's a clever matt-finish base coat that helps 'grip' colour to maximise wear and reduce chipping. It has colour diffusers to even tone and mask nail discoloration and contains panthenol (pro vitamin B5), calcium & vitamin E to help strengthen and support your nail. £11. leightondenny.com



GREAT GIFTS

1. Cleanse & Polish Hot Cloth Cleanser, from Liz Earle

Christmas Edition, 150ml pump cleanse & polish with two muslin cloths. Beautiful, skin starts with cleansing and it really works, I'm a devotee of this cleanser. £19.75 lizearle.com

2. Festive Unwind Gift Set from Seascope

A super set featuring 'Unwind' body wash and 'Unwind' body lotion. Both contain 100% natural essential oils of Jersey, lavender to soothe and ylang ylang to ease tension and balance the mind. This is essential for the festive season!!!! £30. seascopeuk.com

3. Secret Paradise Hand & Body Treats from Heathcote & Ivory

A gift all girls will love. The highly decorative tin contains: hand cream, body butter and a rich, wrapped and sealed soap. All items are in artistically embossed packaging. This is body care at its best. £15. heathcote-ivory.com

4. In The Spotlight 7 Piece Show-Stopping Collection from bareMinerals

Beautiful black bag contains: eye colour in centre stage, shimmer glaze eye top coat in champagne glaze, flawless definition black mascara, luminary blush, be a star mini moxie lipstick, shimmer glaze lip topcoat in diamond glaze and a tapered shadow & crease brush. This is brilliant! £49. bareminerals.co.uk

5. Lavender, Jasmine, Brazilian Rosewood Reed Diffuser from Neom

Reeds are one of the most simple and effective ways to fragrance your rooms, but discreetly. Made from 100% natural ingredients and scented with 20-25ml of pure essential oils. Various fragrances make this a wonderful gift. £38. neomorganics.com

6. Himalayan Salt from Westlab

These pink salt crystals contain an impressive 84 minerals, known for their detoxifying properties, to remove the negative and toxic substances from our bodies. Dissolve about 500g of salts into a warm bath, lie back, relax and allow the natural salts to work their magic. £5.99/1Kg. Boots

7. Yang Candle 3-wick Large from AromaWorks

An exotic blend of 100% pure essential oils beautifully balances your emotions. Top notes of spicy nutmeg and sweet, woody ho leaf soothes your mind, whilst mandarin brings a warm citrus aroma to uplift you and bring about a sense of peace. Burning time is 40 hours. £43. aroma-works.com



PERFECT PRESENTS

1. Liberto 820 from Doro

Doro are global leaders in easy to use mobile phones, for those not too tech savvy. There's a clever coaching function for users to learn at their own pace and users have access to over 1.2 million apps from Google Play. Very large text and keys give better feedback for easier, direct access to: switching the device on/off, taking a photo, adjusting the volume, navigating the menu system, returning to the home screen and back function. Backlit, high-contrast keys make operation visually clearer and easier. Trust me on this one, it's amazing. Likely RSP around £250. doro.co.uk

2. Hydrangea, Rose, Berry and Walnut Leaves from Peony

A rustic earthenware jug that has been filled with a large hydrangea, rose and berry arrangement and finished with red walnut leaves. Standing 61cm tall, it is perfect in every detail; I challenge you to believe this stunning arrangement is real. Check out their website for an amazing variety of flowers and prices too. £125. peony.co.uk

3. Garden Rose Scarf from Crew Clothing

With inspiration taken from the company's thoroughly British heritage, this is a gorgeous, quintessential rose garden scarf. Whether you're wearing a crisp cotton shirt or cuddly sweater, scarves give the finishing touch to your look. Scarf is 100% polyester and machine washable. £20. crewclothing.co.uk

4. Abby Belt from Crew Clothing

The Abby is a beautifully designed rich tan leather belt that has hand-stitched navy beading for that special touch. Simply add to jeans or trousers for a sparkling finish. Width 3cm. Sizes: small, medium, large. £25. crewclothing.co.uk

5. Pearl Hair Remover Set from VIATEK

Painless, mess-free hair removal which is simple and effective to use almost anywhere on your body. Suitable for all skin types and hair colours, and gives results that last longer. Crystallised hair is easily removed with exfoliating pads, plus there's a special attachment for sensitive areas like your bikini line. Rechargeable battery. Perfect product for the job! £89.99 jmdirect.com



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GUYS GIFTS

1. Men's Travel Kit from Korres

This is brilliant for guys on the go. The kit contains: absinthe shave cream, 25ml; marigold & ginseng aftershave balm, 25ml; aloe & dittany shampoo, 40ml; basil, lemon shower gel and guava shower gel, both 40ml. These are products that work and guys will love. £19. debenhams.com

2. Deluxe Shaving Brush from Tweezerman

This beautiful brush contains 100% densely filled badger hair. It's the easiest way to create an ideal lather that helps prep the skin for the closest shave possible, preventing bumps and razor burn. £36. tweezerman.co.uk

3. WaterFlex from Braun

Designed for use with water, foam or gel, the Waterflex transforms electric shaving. It glides over skin, leaving it feeling smooth and soft. You'll be amazed at the closeness you get and how fresh your skin feels whether you shave in the shower, in the tub or in front of a mirror. Choose from: black, blue, red, white. £159.99 braun.com

4. Professional Care 3000 from Oral B

This will remove up to twice as much plaque as a regular manual toothbrush. There's a visible pressure indicator, so gentle on teeth and gums, plus a timer, rechargeable brush and 3 modes: daily clean, sensitive and polish. 2 year warranty. What a great gift £44.99 boots.com/en/Oral-B-Professional-Care-3000-Electric-Toothbrush

5. Glaze Tempered Shield For The Samsung Galaxy S5 from STK Accessories

This offers the ultimate in protection for the S5. The Japanese ASAHI glass has a hardness rating of 9H and is impact resistant, so the screen's safe from cracking and scratches. Also available for iPhone 4, iPhone 5, Samsung S3 and Samsung S4. £19.99 MobileFun.co.uk

6. LE Littoral for iPad, iPad Air & iPad Mini from Be.ez

This is a must-have protective sleeve with a cream interior. It's made from the renowned Be.ez thick cotton canvas for extra protection and is available in the 'rust' colour with a cream interior. LE Littoral is a tribute to the traditional blouse worn by seamen in Normandy, France. £34.90 amazon.co.uk



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GADGETS & GIZMOS

1. 'Quickfix Mudguard' from Full Windsor

Perfect for rainy days, simply click on and save those splashes. Then simply unclick, fold it up and store until the next wet weather day. The clever origami design means it fits your bicycle frame for structural rigidity. It also fits cycles with dual seat stays and side pull brakes. No wonder this clever product was a finalist in the Design Awards. £14.99 windsorshop.com

2. Wallet Ninja 18-in-1 Multi Tool

Made from 4x heat-treated steel, this clever tool includes: hex wrenches, can opener/fruit peeler, bottle opener, ruler, letter & box opener, phone stand and a screw driver. Credit card sized, it's the best stocking filler for all gadget loving guys and gals. £8.99 firebox.com

3. MisFit Shine

An elegant and waterproof fitness activity monitor; wear it on the wrist, as a necklace or discreetly anywhere on the body for up to 4 months, without the need for recharging. It's simple to synchronise data from the Shine onto a phone or tablet thanks to the Misfit Shine app. Just place the Shine onto the screen of the phone/tablet and within seconds individuals can track their sleeping, eating and activity habits. £75. johnlewis.com



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KITCHEN CORNER

1. Brushed Stainless Steel JEA55 2 Slice Toaster from Judge

Toasters are a must and this long one, with a narrow footprint saves valuable workspace. There's a 7 position browning control, illuminated defrost and reheat buttons, variable width slots for thin and thick slices, an auto pop-up mechanism, and a high lift trigger means no more burnt fingers. £35. judgecookware.co.uk

2. 28cm Seasoned Griddle Pan from Stellar Cookware.

This lightweight pan can be heated to very high temperatures, making it ideal for sizzling steaks as it instantly seals in the juices. The pan is oiled ready to be seasoned, once seasoned its ready to sizzle steaks. Easy to wash by hand but if using the dishwasher, just remember to re-season. Colours: black & red £36. stellarcookware.co.uk

3. Mini Slow Cook Casserole from Pyrex

This is a super range of high quality stainless steel and cast iron products that are available in sizes for individual meals or to serve a family of four. Colours: charcoal, pebble and red. With an amazing lifetime guarantee, this is the perfect present for cooks and busy Mums. £24.99 argos.co.uk

4. Individual Handmade Board from Naturally Created

This beautiful board is used as a bread board. Available are: food presentation, classic chopping & specialist wood boards. There are many woods and sizes to choose from. Prices vary. This is a thoughtful and practical gift for any cook. Just checkout naturallycreated.co.uk

5. Set Of 2 Pure Elegance Whiskey Tumblers from Gurasu

This is a delightful design that captures elegance and sophistication. Made from 24% crystal; whatever you drink from these gorgeous glasses, somehow it always tastes better. This super set will make a great gift. Capacity: 340ml/£36. gurasu.co.uk

6. Beige Pair Of Magnetic Aga Range Cooker Lid Covers by Inchyra Designs

At long last, a range of cooker lid covers that don't fall off when you open the lid! These quilted, pre-washed gingham check linen covers are lined with toweling. The heat-resistant magnetic attachment is easily removed for washing. Diameter 36cm. £32.95 frombritainwithlove.com

7. 27cm Cast Iron Frypan from Stellar

This is a lighter weight, easy lift, cast iron pan that's coated in enamel. Easy to clean, there's a stainless steel air vented handle and a flat base for maximum heat efficiency. Suitable for all hob types, especially induction, is dishwasher and oven safe up to 240°C and comes with a lifetime guarantee. Choose from black, cream or red. £31.50. stellarcookware.co.uk

8. 20cm/2.5L Saucepan from Judge Continental Cookware Collection

A thick thermic base gives even heat distribution on all hob types including induction, and the mirror polished stainless steel glass lid gives a stylish and practical touch. Oven safe to 180°C and dishwasher safe, with a 25year guarantee. £40. judgecookware.co.uk

9. Look, Touch, Taste Grinder from Finum

This grinder oozes quality in the curvy shape of a bell. The ceramic grinder mechanism has passed a durability test equal to 200 years usage in a normal household. Salt, pepper, herbs and even chocolate can be grinded easily. Available in apple green, black, ruby red and white. One to buy £24.95 ictc.co.uk

10. Welsh Oak Spice Rack from the Old Board Company

A decorative and practical spice rack that captures perfectly the spirit of Welsh wood. Lots of practical present ideas from this company. £45. Visit: theoldboardco.co.uk

11. Dark Origins Single Malt Scotch Whisky, ABV 46.8%, from Highland Park

A rich mahogany colour, the nose is sherried spice, ripe bananas combined with toasted hazelnuts and baked apple. This malt entices the palate firstly with dry peat, then mellowing out to maraschino cherries, warm dark chocolate, ending with enduring sweet smoke. This is the perfect gift for any whisky lover. £64.95 highlandpark.co.uk

