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beauty buzz

This week's tricks and treats. By Bella Blissett

Bella is winner of the CEW (UK) Members' Achiever Award



Go back to collagen

Susan Sarandon and Helen Mirren (above) fly the flag for fabulous mature skin, and so can the rest of us over a certain age thanks to **Stratum C**. Stepping into the long-neglected arena of menopausal skincare, it is tailored towards hormone-related skin degeneration and contains Matrixyl, which stimulates collagen production. From £19, stratumc.com.



Tweet your questions to @YOUMAGBella or you can contact Bella at bella.blissett@you.co.uk

