

# FAQ's

## What is Scar Recovery Gel?

Scar Recovery Gel is a clinically tested, therapeutic gel that uses a multi-modal approach to help minimize scar appearance.

# How is it different from other scar products?

Scar Recovery Gel features Centelline<sup>™</sup>, a unique, synergistic ingredient complex for scar management that includes oleuropein, bulbine frutescens, and centella asiatica.

# Is it effective on all scars?

Scar Recovery Gel established its efficacy in multiple clinical studies involving scars from facial trauma, as well as from several types of cosmetic and reconstructive surgeries performed on the face, extremities, back, and breast.

## How will I know it's working? How long does it take to work?

Each body and incision heals at its own pace. However, in a clinical study, 80% of patients (30 patients) saw an improvement in their scars by 6 months. Around this time, you may see a noticeable reduction in the size, shape, texture, and colour of the scar.

## Can Scar Recovery Gel be used with other healing products?

Scar Recovery Gel is clinically shown to be effective on its own. Large incisions may require additional physical support of adhesive tape. Please use as directed by your skin care professional.

## How do I apply it?

Whatever the scar type, here are easy-to-follow instructions for patients to follow when applying Scar Recovery Gel.

## For existing scars that are still remodeling

Directions: AM/PM

Wash your hands before and after use

Begin using Scar Recovery Gel as soon as the wound has healed or the sutures have been removed

Apply twice daily or as recommended by your physician

The use of Scar Recovery Gel should continue until the scar matures and appears flat and white without redness

#### For cosmetic or reconstructive surgery

Directions: AM/PM

Ideal for a convenient, post-op scar management regimen

Can be applied on a surgical incision after re-epithelialization or on existing scars that are still remodelling.

After surgery, apply at first dressing change or as directed by your physician

Can be used with or without tape as directed by your M.D.

If using tape, apply a thin line of the gel across the scar. Allow to dry, then place tape over the product (this thin line application allows the tape to securely adhere to the area around the scar)

Apply twice daily or as recommended by your physician

## For the care of C-section scars

#### Directions: AM/PM

As soon as the scar is exposed by removal of the dressing, apply microporous tape horizontally across the surface of the scar in line with the scar direction. This gel can be ideally applied after dressing removal where dissolving stitches are or after re-epithelialization

Apply the Scar Recovery Gel to the surface of the tape twice daily (morning and evening). Apply a generous layer to form a crust on the tape or skin

Remove the tape every 5 days or when tape starts to lift. Replace tape with a fresh application of clean tape. Leave the tape in place until it begins to separate – bath or shower with it in place and dab dry after bath or shower. Once dry, apply gel

Apply Scar Recovery Gel with the tape for a period of 6 weeks or as advised by a medical physician. Wash off the old gel application before applying a new one (shower will do it). Avoid harsh, drying chemical cleansers unless prescribed by your physician

After 6 weeks, apply Scar Recovery Gel directly to scar (without tape) until scar reaches maturation (for up to 6 months). Maturation is indicated by a white scar that is asymptomatic (no itchiness or pain)

A thin white line is the end result that is desired

#### For everyday cuts

Directions: AM/PM

Wash your hands before and after use

Begin using Scar Recovery Gel as soon as the wound has healed or the sutures have been removed

Apply twice daily or as recommended by your physician

The use of Scar Recovery Gel should continue until the scar matures and appears flat and white without redness.

# How long will one tube of Scar Recovery Gel last?

It depends on the size and shape of your scar, as well as your own natural healing progression.