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5

of the best scar treatments

Help fade unsightly skin scars or stretch marks with these highly effective picks.

1 Silderm Scar Gel, £9.99, www.silderm.com
This silicone-based gel flattens, softens and smooths scar tissue while reducing redness. This needs to be used nightly for three months for best results.



2 JASON Natural Vitamin E 32,000 IU Oil Scar & Stretch Mark Treatment, £8.99, www.jasonnaturalcare.co.uk
A super-rich, antioxidant-packed treatment oil, which helps minimise the appearance of scars and stretch marks, for softer and healthier-looking skin.



3 Bio-Oil, £5.99, Boots)
This cult celebrity favourite for preventing stretch marks during pregnancy contains a blend of vitamins A and E, essential oils and special ingredient 'PurCellin', which combine



4 Beauty Naturals Pure Organic Rosehip Oil, £8, call 0800 980 6665 for stockists
Rosehip oil is naturally rich in nourishing essential fatty acids and has been used for centuries to help repair damaged skin and fight premature ageing.



5 Kelo-cote Gel, £29.99, www.kelo-cote.co.uk
This clinically-proven silicone scar gel works by forming a breathable layer over the area of damaged skin, creating the optimal healing environment for treating scars and encouraging further collagen production.



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