

Frequently Asked Questions for SilDerm™

What is a Stretch Mark?

Stretch Marks, or *gravidarum*, are a unique type of scar because they only involve the dermis—there is no break in the epidermis itself. They happen during times of rapid growth such as puberty, pregnancy, excessive weight gain, or even with weightlifting.

Is it safe for use in pregnancy?

A mother's skin blocks many skin care ingredients from entering her body, but small amounts of some ingredients are still absorbed into the bloodstream. Once there, they can cross the placenta and reach the growing foetus. That's because the "placental barrier" is actually more of a widely spaced filter. It blocks things the size of bacteria, but allows most chemicals to pass easy through.

While many topical ingredients are thought to be safe during pregnancy, a large number are linked to harmful effects in clinical studies with repeated or high exposures. Some examples include Vitamin A, salicylic acid, benzoyl peroxide, certain sunscreens, and even aloe vera. The SilDerm™ range has set a higher standard for prenatal safety in the cosmetic industry. We search through millions of published medical research articles to see if an ingredient has ever been linked to birth defects. If it has, we replace it with a safer ingredient instead.

What are the ingredients of SilDerm™ Prevention Oil?

- GOTU KOLA: an extract from the Centella asiatica plant that stimulates fibroblast cells to produce collagen
- TOCOPHEROL: a natural vitamin E – a strong antioxidant that helps prevent tissue damage

What are the ingredients of SilDerm™ Treatment Cream?

- DARUTOSIDE: A botanical ingredient from the plant siegesbeckia orientalis which is found in Ethiopia, Madagascar, Japan, and Australia. Darutoside can improve the appearance of a Stretch Mark. In controlled trials, Darutoside decreases the length of the Stretch Mark by 50%. In the same trial, the indentation depth was decreased by 55%
- REGISTRIL: A combination of ingredients including Phaseolus lunatus (green bean extract), rutin (from fruits and berries). Clinical studies show that with topical use, twice daily for two months, Registril can improve a Stretch Mark's colour while also decreasing the appearance of its depth by up to 72%.

Are your products allergy tested?

Every SilDerm™ product is allergy tested.

Do you need to use it throughout the pregnancy or start application during midterm?

The sooner you use the product then the better the results will be.

Do you need to continue after giving birth and for how long?

After birth, if you have Stretch Marks then we would recommend that you use SilDerm™ Treatment on the affected areas or areas of concern.

Is SilDerm™ available on prescription?

No

What is the recommended length of use for the treatment of older Stretch Marks? Do you need to use it longer than the recommended twice daily for two months?

You should continue to use SilDerm™ Treatment Cream until you see no more benefit.

Is the cream fragrance free?

SilDerm™ Treatment has a slight pleasant odour.

Can it be used on children who have had weight gain / loss?

All of the SilDerm™ range is suitable for use on children. If the child has Stretch Marks then SilDerm™ Treatment Cream would be a good option.

Does it contain sunscreen?

No, the SilDerm™ range doesn't contain any SPF factors.

If not, can sunscreen be used over SilDerm™?

Yes, sunscreen can be applied over the top of both SilDerm™ Prevention and Treatment

Is SilDerm™ waterproof?

No, the SilDerm™ range is not designed to be waterproof and is absorbed by the skin.

What is the shelf life once it has been opened?

The shelf life of the SilDerm™ Prevention Oil is 2 years and can be used for 12 months once open

The shelf life of the SilDerm™ Treatment Cream is 2 years and can be used for 12 months once open

What temperature can it be stored at?

SilDerm™ Prevention Oil can be stored at room temperature

SilDerm™ Treatment Cream can be stored at room temperature

Does it effect if used with other types of topical medication?

SilDerm™ range all contain plant extracts ingredients and should not interfere with other topical agents, if you are concerned then contact your Doctor prior to using the products.

Can it be used on skin disorders i.e. eczema?

These products are specifically designed for the prevention and treatment of stretch marks. Should you have any other condition please consult your Doctor.

How long does the average tube last for, estimated applications from one tube?

One bottle of SilDerm™ Prevention Oil should last you around 3 months; one tube of SilDerm™ Treatment should last you around 3 months. It really does depend on the size of stretch marks and the area affected.