

How to use Anti-Cellulite Cream

The effected area should be rubbed with the massage head until the cream forms a thin layer on the skin. Keep using until no more improvement in the skin is seen.

MASSAGE

The roller ball heads massage the area, starting the process of breaking down the fat and increasing blood flow to take away the fat.

BREAKDOWN

Several ingredients in the cream have been proven to increase fat breakdown by more than 40%.

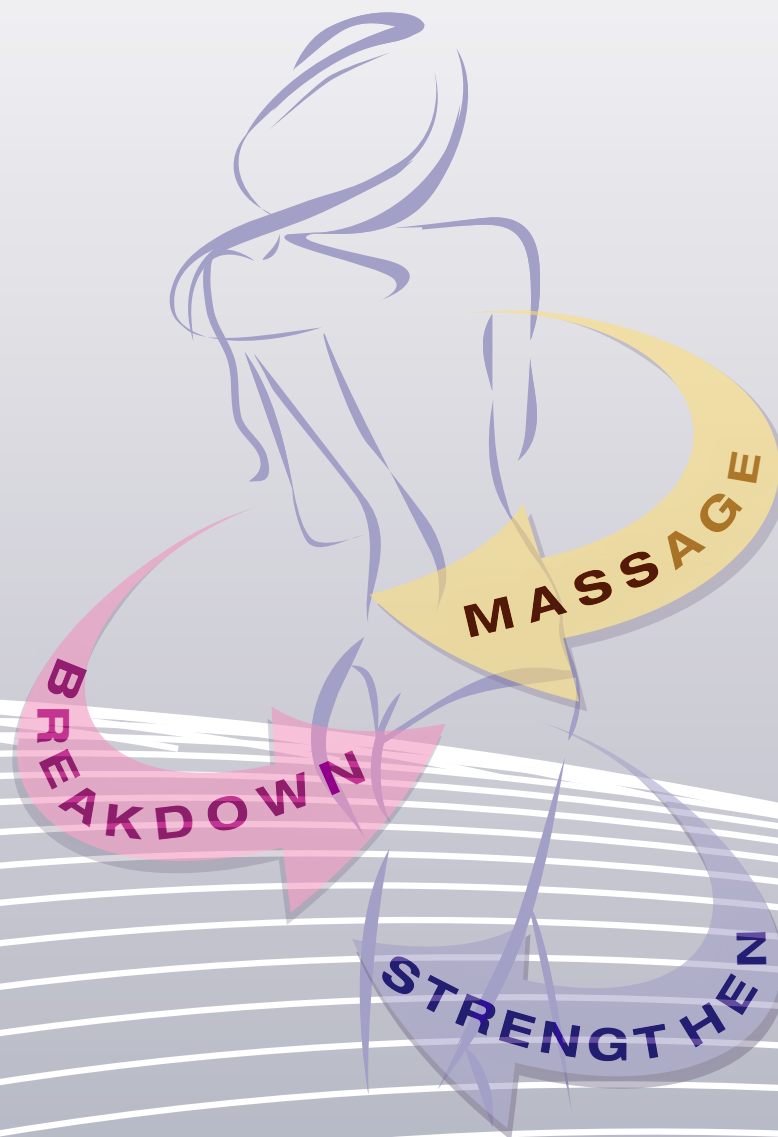
STRENGTHEN

In addition to the massage, some of the ingredients have been proven to strengthen the skin and therefore improve the overall look of the skin.



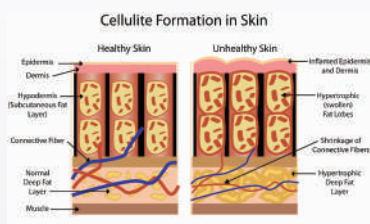
SiDermTM

Triple Action Anti-Cellulite Cream



Cellulite

Cellulite affects most women at some point in their life. It is the accumulation of fat deposits under the skin that create the 'orange peel' look that so many women want to get rid of.



Cellulite can vary in severity from mild, with a few dimples in the skin to quite severe where the fat deposits are very visible. Both require an effective treatment that uses the most modern techniques and ingredients to overcome the problem.

Everyone can get cellulite and it doesn't matter if you are fit, thin, a celebrity or young it will effect nearly all women and some men during their life time. There are some practical things that you can do yourself to stop the cellulite but sometimes you need something extra to help make the skin look better.

Possible Solutions for Cellulite

Self Help

There are some simple things that can be done in order to avoid the accumulation of fat under the skin. These include:

- **Keep yourself hydrated.**



- **Watch your diet.**
The more fat you eat the more chance there is it will stay in your skin.



- **Exercise.**
If the skin stays tight through exercise, you are less likely to develop cellulite.



Therapeutic Solutions

Sometimes more help is needed to improve the quality of the skin and get rid of the 'orange peel' look. There are different types of therapeutic solutions for the improvement of cellulite:

Lasers

Lasers are used a lot but these only work on the top layer of the skin to smooth the skin. They are also very expensive and take some time to recover from.



RF Devices

These breakdown the fat under the skin. They are again very expensive and invasive.



Clinically Proven Creams

These are the first choice for most people. SiLDerm™ Triple Action Anti-Cellulite Cream is the only one to combine massage with clinically proven ingredients.



SiLDermTM Triple Action Anti-Cellulite Cream

SiLDerm™ Triple Action Anti-Cellulite Cream has a unique mode of action that allows clinically proven ingredients combined with the massage action of the roller ball to reduce the appearance of cellulite.