

Will SilDerm™ Scar Gel work on old scars?

There is good evidence that SilDerm™ Scar gel is effective against old scars, sometimes up to 20 years old. If the scar is red and raised then you should try SilDerm™ Scar Gel. If it is flat, indented or white rather than red and raised, then SilDerm™ Scar gel will have little effect.

How long should I use SilDerm™ Scar Gel?

You should use SilDerm™ Scar Gel for a minimum of 3 months, or until you stop seeing an improvement. Larger scars, burn scars and older scars may take longer.

How much SilDerm™ Scar Gel should I use?

SilDerm™ Scar Gel is most effective when a thin layer is applied over the scar. This will ensure that the scar is healed as quickly as possible and dries quickly too.

Tips to improve your scars.

- All scars get worse in the sun. Stay out of the sun if you have a scar or cover the scar.
- As well as using SilDerm™ Scar Gel, massage the scar with a simple moisturising cream. Use a simple cream with no perfumes or additives in.
- Don't massage SilDerm™ Scar Gel into the area. Apply a thin layer and leave it to dry.
- If you have a history of scarring then use SilDerm™ Scar Gel as soon as the wound has healed. Early use of silicone, which is the main ingredient in SilDerm™ Scar Gel has been proven to reduce the chance of scars developing by up to 60%.^v
- If you think that you have a Keloid scar then speak to a Dermatologist, Plastic Surgeon or Scar Specialist, who will advise the best combination treatments to use with SilDerm™ Scar Gel.

SilDerm™ Scar Gel



SilDerm™ Scar Gel

**New Treatment &
Prevention of
Red Raised Scars**



Clinically proven to flatten and reduce the redness of both old and new scars

Recommended by Physicians around the world

Visit www.sildermgroup.com or call our Customer Call Centre on **0844 544 9969** for more information or to purchase SilDerm™ Scar Gel.

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How Scars are Formed?

Scars are usually formed from a trauma or injury. This can be the result of surgery, a burn or an accident. Anything that causes the skin to break will cause a scar, and in some people the scars will get better. In a large proportion of people, the scars will remain red and raised and these need to be treated with a safe effective product that is clinically proven to work.

Some people heal slower than others and they are more likely to get scars. If the scar is still red and raised after 2 weeks then SilDerm™ Scar Gel should be used to reduce the redness and flatten the scar.

If you know that you scar easily or have a family member that scars then you should use SilDerm™ Scar Gel as soon as the skin has healed. Early use has been clinically proven to prevent scar formation.ⁱ



What are the different type of Scars?

Hypertrophic Scars

The majority of people who develop scars will develop hypertrophic scars. These are red and raised, generally along the length of the trauma.



Burn Scars

The majority of burns will cause scars as they tend to heal slower than most other types of wounds. Burn scars are actually hypertrophic scars. Early treatment is recommended and the use of SilDerm™ Scar Gel plus massage normally produces the best outcome.



Keloids

Keloids are a different type of scar to the above and tend to be harder to treat. Keloids are normally formed after a trauma or wound, but spread away from the original wound. Very light skin and very dark skin tend to be more prone to Keloids and there is believed to be a genetic link to the formation of keloids.



Atrophic Scars

These scars are usually indented and result from acne or chicken pox. These scars are notoriously difficult to treat and SilDerm™ Scar Gel will not be effective against these scars. Other treatments have been proven to work and some are available from the makers of SilDerm™ Scar Gel.



What is SilDerm™ Scar Gel?

SilDerm™ Scar Gel is a unique blend of naturally occurring silicones. Silicone has been clinically proven in numerous studies to reduce the redness of scars, flatten scars and minimise the pain and itchiness.^{ii,iii}

SilDerm™ Scar Gel's silicone ingredients work and Plastic Surgeons and Dermatologists support the use of silicone in the management of scars. SilDerm™ Scar Gel is an easy to apply product that dries quickly to form a barrier that helps heal the scar.

Why is SilDerm™ Scar Gel used by Physicians?

SilDerm™ Scar Gel's ingredient is silicone and this is widely used to treat and prevent scars by Physicians. Physicians choose a product based upon the evidence that is available to prove that it works and it is safe.

The components of SilDerm™ Scar Gel have been extensively researched and they are known to have a good or very good effect in about 80% of patients.^{iv}

What should I expect with SilDerm™ Scar Gel?

SilDerm™ Scar Gel will take about three months to work, on the majority of scars but some results should be seen after about two weeks. The scar will flatten and the redness start to get lighter. The larger the scar, or the older the scar, the longer it will take so keep using SilDerm™ Scar Gel until you stop seeing an improvement.



BEFORE



AFTER

ⁱ Furlon JE, Jr. Silicone gel sheeting for the prevention and management of evolving hypertrophic and keloid scars. *Dermatol Surg.* 1995;21:947-51.
ⁱⁱ Mustoe TA, et al. International clinical recommendations on scar management. *Plast Reconstr Surg.* 2008;110:580-71.
ⁱⁱⁱ Durrani P, Bayat A. Levels of evidence for the treatment of keloid disease. *J Plast Reconstr Aesthet Surg.* 2009;61:2-17.
^{iv} Plastic and Reconstructive Surgery September 15, 2005 Volume 116 Issue 4 pp. 1018-1020 A Randomized, Placebo-Controlled, Double-Blind, Prospective Clinical Trial of Silicone Gel in Prevention of Hypertrophic Scar Development in Median Sternum Wound
J Dermatol Surg Oncol. 2004;30:22-27
^v <http://www.clinicaltrials.gov/ct2/show/study?term=silicone%20gel%20sheeting&rank=1>