



Silicone gel has been used for the management of scars since 1980's. Several studies have tried to explain how this works, but it remains a grey area. However there are significant studies to prove its effectiveness and success.

Increased scar water content may be one of the mechanisms; the silicone gel promotes the hydration of the scar and thereby improves the appearance of the scar. Silicone gel also reduces discolouration of the scar by speeding up the maturation process.

At present there are a variety of silicone gel products on the market either in sheet form or liquid gel form with different composition and adhesion. There are differences in skin tolerance, durability, patient satisfaction and treatment costs.

Silicone is applied regularly and for a recommended period of time (during Scar maturation – while the scar is red and active) to soften and flatten raised scars.

Silicone gel is one of the non-invasive scar treatments available which is effective and economical.



Scar FX Silicone Scar Gel

What is Scar FX

Scar FX is a self adhesive silicone gel sheet which is:

- 100% pure silicone (which provides an excellent skin tolerance)
- Self adhesive (easy to apply & versatile)
- Thin & transparent (allowing discreet positioning)
- Flexible & conforming (allowing comfortable placement)

How does Scar FX work?

Scar FX silicone gel sheeting does not contain any active ingredients that are transmitted to the scar. Their efficacy is attributable to the physical changes that Scar FX treats locally. The waterproof and airtight closure of the skin increases the temperature of the skin. The increased temperature helps the collagen fibres to realign and smooth and flatten the scar.

Indication for use: Scar FX silicone gel is an effective treatment for problem scarring on the face and body, including keloid and hypertrophic scars, burn scars, scars caused by injuries, after surgical procedures such as caesarean section and cosmetic operations.

What does Scar FX do?: ScarFX silicone gel will help to prevent the formation of hypertrophic and keloid scars. If the course of treatment is effective, it minimises existing scars, Scar FX will soften, flatten and smooth scars. Scar FX may also help to ease the itchiness and discomfort sometimes experienced.

Will Scar Fx eventually remove my scar? It will not make a scar 'invisible' as a scar will never completely disappear, it will however improve the appearance of the scar cosmetically.

Where can I purchase Scar Fx? Scar Fx is available from your doctor on prescription, pharmacies, your therapist or doctor and directly from Jobskin.

How long will scar FX last? Scar FX silicone gel is very economical lasting many weeks of treatment

This depends on how the patient cares for the gel and where it is worn, if the correct wear and care is adhered to the piece of gel should last 8-12 weeks, after a while it may need some surgical tape to keep it in place.

Is Scar FX self-adhesive or do I need something to keep this in place?

Scar FX is self-adhesive, sometimes tape may be required to secure in place depending on the anatomical site it is used on and if the gel is cared following the recommended wash/care instructions included with the gel.

How do I use it?

- Scar FX silicone can be cut to size and should overlap the scar area at least 1 cm on all sides.
- Gradual therapy: It is important to build up the skin tolerance to gel gradually as follows:
- Wear the gel sheet for a maximum of 6 hours on the first day, 8 hours the next day, gradually increasing until the recommended wearing regime is achieved to help achieve an optimum result.

What is the recommended wearing regime?

Studies have shown that silicone gel works most effectively if it is in constant contact with the scar. Minimum - 12 hours per day – up to 23 hours per day in order to achieve an optimum result

Wash, wear and care

The gel & the skin should be washed daily in mild soap and water and rinsed thoroughly before reapplying the gel.

The hygiene recommended for the skin and the silicone is important to prevent skin irritation or maceration (infection).

Caution

Scar FX can be used after the wound has closed and/or the sutures have been removed, do not use on infected or unhealed areas.

Some people may develop a rash under the treated area. If a rash appears, remove the gel sheet and allow the skin to rest until the symptom has disappeared. Continue the treatment, gradually increasing the time worn.

How soon after an operation can I begin using Scar FX silicone?

You can begin treatment with Scar FX once the wound is completely closed and as soon as the sutures have been removed.

Is Scar FX® silicone suitable for all scars?

They are suitable for all problem scars, hypertrophic scars as well as for keloids.

Can I do anything else besides using Scar FX to correct the scarring?

Compression treatment (e.g. with Jobskin pressure garments) compliments scar treatment with Scar FX and helps to improve the overall result. Compression clothing and Scar FX can also be applied simultaneously.

Are there any side effects during treatment with Scar FX and is it also safe to use on children?

No, there are no known side effects and it is safe to use with children under supervision. For younger children, topical gel such as Scarsil is recommended as it cannot be removed.

What other precautions do I need take to look after my scar? Scars should not be exposed to the sun, sunbeds, saunas or extreme cold. Tight clothes should be avoided as they may irritate the scar.

