

MTS-Roller™ - Personal Use

Directions:

Rolling can range from 5 -10 minutes depending on the size of the area. Most people prefer to roll at night. Rolling just your face should only take a few minutes.

The MTS Roller should be used in conjunction with a skin care product.

Step 1)

Clean skin with regular cleanser, rinse thoroughly and towel dry.

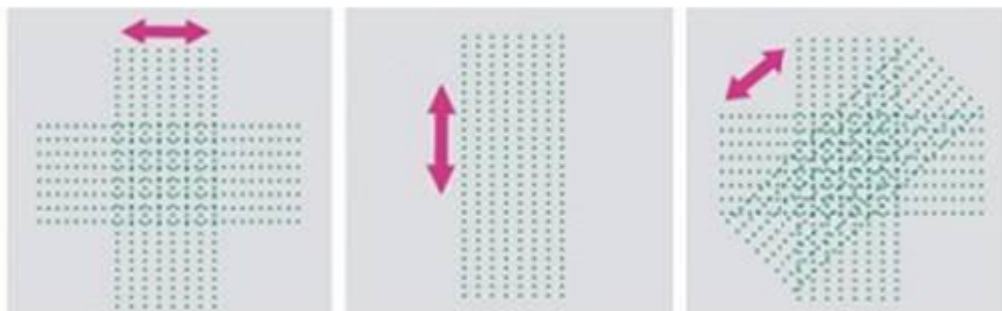
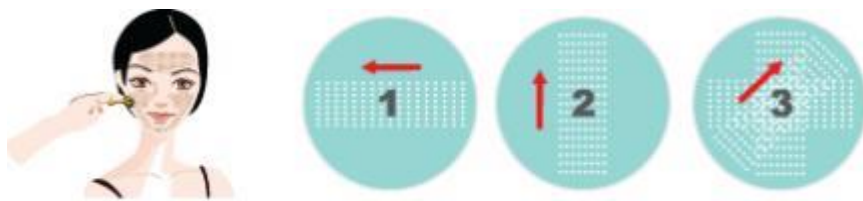
Step 2)

Divide the area(s) into sections, e.g. forehead, nose, cheeks, mouth area, and neck. Apply the MTS DermaRoller™ with the same amount of pressure on the skin throughout, no need to press hard just firm like you were painting.

Mildly roll the same areas 4-times in short (half inch rolls) then work up to 10 times

(later when you're skin has adjusted) vertically, diagonally and horizontally.

Rolling your face should only take a few minutes



Step 3)

Cosmetic Skin Care Application

Once you have completed rolling, apply your cosmetic skin care product(s) (copper peptides and/or vitamins A, C, E) as recommended by your skin care professional and massage them into your skin. Allow a few minutes for the product to be absorbed. Or alternately you could apply them serum prior to rolling if you want to roller them in.

The treatment should be repeated 2-7 times per week. Should the skin feel sensitive after a rolling, it is advisable not to use the roller again until your skin feels comfortable. Stop future use and contact your skin care professional if you experience sudden and prolonged irritation in the area.

Step 4)

Protection

Additional moisturising is recommended. Preventative sun-screens are also essential.

Step 5)

DermaRoller Maintenance

Clean roller per instructions and return roller to protective case. We recommend that you use the MTS Roller™ at bedtime every second day until your skin becomes accustomed to the roller and skin care products. Never share your roller.

WARNING: Do not use the MTS Roller™ vigorously or more than once daily unless prescribed by a professional skin care specialist.

Sensitivity and Redness when using MTS Roller™

Patients will experience mild sensitivity and redness after treatment; signs that the fine micro points have penetrated the epidermis. The perforated stratum corneum will close within minutes and the sensitivity should abate quickly. The general redness will disappear within one or two hours of treatment. Intensity and duration of any discomfort may increase if the MTS Roller is used in combination with skin care products (cosmetics, cosmeceuticals).