



Skincare Management System

Mild to Moderate Acne

AM

Step 1 – CLEANSE – Bioglycolic facial cleanser

Step 2 – REJUVENATE – C-ESTA serum

Step 3 – RESURFACE – Bioclear Lotion

If further improvement needed also add Age Intervention Transitions (adult acne)

(If dryness occurs stop using Bioclear for a few days until it subsides and just use Age Intervention Transitions)

Step 4 – HYDRATE – Transformation cream/serum or Age Intervention serum or Age Intervention Peptide Extreme

Step 5 – PROTECT – Antioxidant Daily Face Protectant SPF30 (regular or tinted)

PM

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Step 5 – TREAT – Benzoyl Peroxide

Intensify your program:

Use Retinol at Night as a treatment product (ask skincare professional)

Once a week Mask – Zyme papaya mask, Age Regeneration Mask, C-ESTA Mask

Complement your program with supplemental products:

C-ESTAMINS Nutritional skin, Marini Lash & Hair, Bioglycolic Body Scrub, Bioglycolic Sunless Tanner, Bioglycolic Hand & Body, C-ESTA Hand & Body, C-ESTA Lips, Age Intervention Primer, Age Intervention Booster