

Regimen Recommendations

Normal Skin

Daily *(listed in order of application)*

Cleanse or Cleansing Gel – am/pm
Tone – am/pm
Face* – am Power Lift* - pm
Eye – am/pm
SPF – am

Weekly *(alternate or use consecutively, apply after cleansing and toning and before treatment or moisturizer)*

Peel
Mask

Normal to Oily Skin

Daily *(listed in order of application)*

Cleanse or Cleansing Gel – am/pm
Tone – am/pm
Face* – am/pm
Eye – am/pm
SPF – am

Weekly *(alternate or use consecutively, apply after cleansing and toning and before treatment or moisturizer)*

Peel
Mask

*Use Serum or HydroStem+6 immediately before to boost anti-aging results.

*Prescribe Even Out for hyperpigmentation and Moisturize for body concerns