

## Regimen Recommendations

### Normal to Dry Skin

**Daily** *(listed in order of application)*

Cleanse or Cleansing Gel – am/pm  
Tone – am/pm  
Power Lift\* – am/pm  
Eye – am/pm  
SPF – am

**Weekly** *(alternate or use consecutively, apply after cleansing and toning and before treatment or moisturizer)*

Peel  
Mask

### Oily Skin

**Daily** *(listed in order of application)*

Cleanse or Cleansing Gel – am/pm  
Tone – am/pm  
Serum\* – am/pm  
Eye – am/pm  
SPF – am

**Weekly** *(alternate or use consecutively, apply after cleansing and toning and before treatment or moisturizer)*

Peel  
Mask

\*Use Serum or HydroStem+6 immediately before to boost anti-aging results.

\*Prescribe Even Out for hyperpigmentation and Moisturize for body concerns.