

# THE VOLUMISING SKINCARE HEROES

Arm yourself with the new breed of needle-free topical fillers

## THE INDUSTRY FAVOURITE

### 14 Day Treatment, £79, Fillerina

A two-step filler formulation that contains six different forms of hyaluronic acid (HA) to penetrate different layers of the skin, and a peptide that stimulates collagen production. An impressive clinical trial published in the *Journal Of Cosmetic Dermatology* showed that in tests, it increased the volume of the skin across the cheekbones by around 2mm.

## THE SKIN ELASTICIZER

### 3D Lifting Cream, £15.90, Kiko

A weightless cream containing HA for surface-level moisturising, which also includes cysteine, an amino acid – or protein – known to be important in the production of collagen. A formula not merely born of lab-science, it also blends a specific seaweed extract that encourages collagen production leading to firmer, plumper skin. In an (admittedly) small test on 20 women, more than 90% of them noticed it improved wrinkles, tone, elasticity and smoothness after four weeks. Impressive stuff.

## THE AUTHORITY ON FILLER

### Time-Filler, £54, Filorga

Since the late Seventies, Filorga has been producing injectable HA for use in dermatologist offices, the world over. In 2007, they incorporated this into a results-driven skincare range. Here, it's encapsulated inside easily penetrable clusters and combined with a new form of matrixyl, a controversial protein that researchers from the University of Reading found to be effective in boosting levels of collagen in the skin.

## THE HIGH-STREET GAMECHANGER

### Revitalift Filler Renew, £14.99, L'Oréal Paris

With the highest concentration of HA ever used by L'Oréal Paris, studies of this serum showed



that after four weeks, women displayed an increase in skin plumpness of 27%. How so? The acid is cleverly reduced in size so it can be more effectively absorbed to reach the lower layers of the skin. The serum also contains a type of sugar that has been shown to activate the cells that produce collagen.

## THE COLLAGEN KICKSTARTER

### Anti-Age Hyaluron-Filler Concentrate, £23.25, Eucerin

This anti-wrinkle serum is capable of moisturising at both a superficial and a deeper level – a rarity – but it also contains an ingredient designed to kickstart the body's own production of HA. Derived from soy, glycine saponin has been seen to stimulate fibroblasts, the cells responsible for producing both HA and collagen. Lab tests showed it was able to increase production of HA by up to 256%.

## THE DENSITY BUILDER

### LiftActiv Advanced Filler, £31, Vichy

While this super cream contains highly moisturising glycerin, the ingredients that really pack a punch are retinol – a form of vitamin A that not only improves the surface appearance of skin but also skin's density – and LR2412, the key ingredient in Lancôme's Visionnaire serum, lauded for its ability to repair fibrillin, a protein which stops the skin sagging.

## THE DOES-IT-ALL SUPER CREAM

### Cult 51, £125

The creator of this 3D night cream used to work for some of the biggest names in beauty (though he can't say which) and then decided to create a product to tackle all aspects of skin health in one hit. It took two years to

develop and his efforts have paid off – results after six weeks showed that firmness increased by around 148%, thanks to vitamins, proteins, natural extracts, yeasts and sugars working to boost cellular energy and supercharge skin.

## THE WINNING COLLABORATION

### Pro Age Defying Serum, £89, Elizabeth Arden

The new Pro range from Elizabeth Arden is the fruit of a collaboration with top cosmeceutical skincare researcher and chemist, New-York based Joe Lewis, designed to address all aspects of skin with high-performance ingredients. In this serum, you'll find acids that gently improve the surface texture, a form of vitamin A to boost collagen production at the cellular level and potent antioxidants to protect the skin.

## THE ONE-WEEK WONDER

### SubQ Anti-Age Advanced Serum, £30, Hylamide

A copper peptide and high levels of matrixyl help boost collagen production, but there's also a form of hyaluronic acid, and an ingredient that encourages skin to create more of its own acid. All of these work from within, while others hydrate the surface, improve texture and protect the skin – and it promises visible results in just five days.

## THE NIGHT-TIME PLUMPER

### Retinol Intense+, £98, Chantecaille

With twice the amount of cell-regenerating retinol than its predecessor, this air-light lotion is also packed with a potent cocktail of niacinamide, vitamin C and green coffee to tackle both fine lines and skin clarity. Plus, thanks to nourishing vitamin E, it soothes as it works. After three months, testers reported a 23% improvement in skin firmness. An investment purchase worth making.