

Directions:

Cleanse the skin morning and evening with a exfoliating cleanser.

Use Clear Rayz 3 to 5 times a week, according to directions below.

Before using Clear Rayz on your face the first time, test it on your arm or leg by turning on the red light and holding it lightly against the surface for 3 minutes. On rare occasions some people have experienced sensitivity to the light. Once you have confirmed no signs of redness or discomfort, you are ready to start using the Clear Rayz system.

- First remove earrings and any other pieces of jewellery from the area to be treated.
- Start with clean skin allowing the light to penetrate and treat the pores.
- Plug the power adapter into a power outlet.
- Press the power button to activate the unit. Pressing the button once will activate the RED light; pressing the button twice will activate the BLUE light. Press a third time to turn the unit off.
- You may choose to treat a single area, or the entire face (or chest, back, etc.) If treating the entire face, divide the face into 4 sections.
- Move the Clear Rayz unit slowly over the area being treated, keeping it pressed gently against the skin. The unit will get warm with use but will not harm you.

The treatment uses both red and blue light, but not at the same time. Do not use the red and blue on the same day.

When using the RED, after 7 ½ minutes, a tone will sound and the device will shut off indicating for you to move to the next section. Press the button to continue your treatment .When using the BLUE, after 5 minutes, a tone will sound and the device will shut off indicating for you to move to the next section. Press the button to continue your treatment.

After treatment is complete, unplug the device and refer to the care instructions for cleaning.

That's all there is to it! Skin care products and makeup can be applied after treatment and not forgetting sunscreen every morning.

Treatment Table:

WEEK 1 (Day 1) - Blue light - 20 minutes

WEEK 1 (Day 3) - Red light - 30 minutes

WEEK 2 (Day 8) - Blue light - 20 minutes

WEEK 2 (Day 10) - Red light - 30 minutes

WEEK 3 (Day 15) - Blue light - 20 minutes

WEEK 3 (Day 17) - Red light - 30 minutes

WEEK 4 (Day 22) - Blue light - 20 minutes

WEEK 4 (Day 24) - Red light - 30 minutes

WEEK 5 (Day 25-84) - maintenance

After the fourth week, you can continue this treatment schedule or you can modify it as necessary. If during the treatment, you notice excessive dryness to your skin, apply fewer red light treatments. Also if your acne has gone, apply more red light treatments to help with scarring.

What to Expect from Clear Rayz

With regular use of Clear Rayz according to the suggested schedule, you should see improvement of acne in the first week. Continued use should greatly reduce the future production of acne and pimples. After several months you should find that acne worries are no longer a constant concern. Prevention of acne will prevent the ugly scarring that often remains as a reminder of acne for many years.