

What the press say 2011

“Soon after taking Advanced Nutrition Programme Skin Omegas, my skin had much more natural moisture. I didn’t need to moisturise three times a day and even the few blemishes I had cleared up. I’d definitely continue to take them.” **New! Magazine**

“Nail Science by the Advanced Nutrition Programme is packed with biotin – a super ingredient known as vitamin H – that’s essential for strengthening and moisturising nails. After twice daily usage, 91 per cent of people felt their nails were stronger.” **News of the World**

“Some powerful nutrients help the body burn fat and keep skin plum and healthy. Look for Omega 3 and 6, chromium, vitamin C and grape-seed extract. Six to eight weeks of popping Advanced Nutrition Programme Skin Omegas should do the trick.” **Cosmopolitan**

“With the active ingredients in Advanced Nutrition Programme’s Skin Vitality1, your skin will see the results.” **Hello magazine**

“The Advanced Nutrition Programme Party Pack has three daily supplements containing the essential nutrients we lose during the party season, including vitamins B and C and the detoxifying amino acid glutamine.” **Marie Claire**

“Green tea is a great source of accessible antioxidants for skin. Find it in Advanced Nutrition Programme Skin Defender.” **Zest**

“Nail Science by Advanced Nutrition Programme is a supplement for nail growth, full of nourishing zinc and biotin.” **Women’s Fitness**

“Can’t shift those extra pounds? There’s light at the end of the tunnel with Advanced Nutrition Programme Digest-Pro capsules, a digestive enzyme supplement to assist with weight loss and reduce bloating.” **Spa Secrets**

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Advanced Nutrition Programme™ products are not intended to diagnose, treat, cure or prevent any disease.