

AesthetiCare® anti-ageing skincare regime

Age	Regime	Products	Intensive skin booster
25-40	Morning/Daytime	Flavo C serum (face, décolleté, back of hands) Endocare day or Flavo C moisturiser and SPF 50 (face, décolleté, back of hands) Endocare eye & lip contour Endocare regenerating body lotion	Endocare Ampoules (once a day for one week, 4 times a year) Flavo C flash “Instant wrinkle reduction & skin tightening” around the eye and lip contour. Use as required/special occasions.
	Night	Flavo C serum (face, décolleté, back of hands) Endocare gelcream (face, décolleté, back of hands) Endocare eye & lip contour	
40 -50	Morning/Daytime	Flavo C serum (face, décolleté, back of hands) Endocare tensage cream (face, décolleté, back of hands) SPF 50 (face, décolleté, back of hands) Endocare eye & lip contour Endocare regenerating body lotion	Endocare Ampoules (once a day for one week, 6 times a year) Flavo C flash “Instant wrinkle reduction & skin tightening” around the eye and lip contour. Use as required/special occasions.
	Night	Flavo C serum (face, décolleté, back of hands) Endocare tensage cream (face, décolleté, back of hands) Endocare eye & lip contour	
50 + <small>(regime may be utilised in other age ranges where level of photo-damage is high)</small>	Morning/Daytime	Flavo C Forte serum (face, décolleté, back of hands) Endocare tensage cream (face, décolleté, back of hands) SPF 50 (face, décolleté, back of hands) Endocare eye & lip contour Endocare regenerating body lotion	Endocare Ampoules (once a day for one week, 12 times a year) Flavo C flash “Instant wrinkle reduction & skin tightening” around the eye and lip contour. Use as required/special occasions.
	Night	Flavo C Forte serum (face, décolleté, back of hands) Endocare tensage cream (face, décolleté, back of hands) Endocare eye & lip contour	

Specific problems	AesthetiCare® solutions
Pigmentation	For larger areas of pigmentation replace anti-ageing serum (Flavo C or Forte) with MelaClear intense dipigmenting care serum and MelaClear SPF 50. Use twice daily for a minimum of 8 weeks. For smaller or individual areas use as localised treatment and continue to use anti-ageing serum as normal.
Dark circles	Use Cernor XO twice daily for a period of 8 - 12 weeks to achieve desired results. If desired results are achieved continue to use once or twice daily to manage condition. Cernor coverstick can be applied after Cernor XO cream to provide optimum camouflage.