



ANTI-AGING REGIME

CLEANSE - PCA Skin Facial Wash (am/pm) OR PCA Skin Daily Cleansing Oil

PREVENT - PCA Skin C&E OR C&E Advanced (am/pm)

TREAT - PCA Skin ExLinea Peptide Smoothing Serum OR PCA Skin Total Strength Serum OR PCA Skin Rejuvenating Serum (am/pm)

PCA Skin Intensive Age Refining Treatment®: 0.5% Pure Retinol Night (pm)

HYDRATE - PCA Skin Hyaluronic Acid Boosting Serum (as required)

PCA Skin Collagen Hydrator (pm or am/pm) OR PCA Skin Silkcoat Balm (dry skin) OR PCA Skin HydraLuxe Intensive Hydration

PROTECT - PCA Skin Daily Defense Broad Spectrum SPF 50+ (am) OR PCA Skin Hydrator Plus Broad Spectrum SPF 30 (dry skin)

BOOSTER - PCA Skin Micro Peel At Home

BLEMISH-PRONE REGIME

CLEANSE - PCA Skin Blemish Control Bar (am/pm) OR PCA Skin Facial Wash Oily/Problem

PREVENT - PCA Skin C&E OR C&E Advanced (am/pm)

TREAT - PCA Skin Acne Gel Advanced Treatment (am/pm)

PCA Skin Intensive Clarity Treatment®: 0.5% Pure Retinol Night (pm)

HYDRATE - PCA Skin Hyaluronic Acid Boosting Serum (as required)

PCA Skin Clearskin (pm or am/pm)

PROTECT - PCA Skin Weightless Protection Broad Spectrum SPF 45 (am)

BOOSTER - PCA Skin Detoxifying Mask OR PCA Skin Purifying Mask

ROSACEA/REDNESS REGIME

CLEANSE - PCA Skin Creamy Cleanser (am/pm)

PREVENT - PCA Skin C&E OR C&E Advanced (am/pm)

TREAT - PCA Skin Dual Action Redness Relief (am/pm)

HYDRATE - PCA Skin Hyaluronic Acid Boosting Serum (as required)

PCA Skin ReBalance (pm or am/pm) OR PCA Skin Silkcoat Balm (dry skin)

PROTECT - PCA Skin Daily Defense Broad Spectrum SPF 50+ (am) OR PCA Skin Hydrator Plus Broad Spectrum SPF 30 (dry skin)

BOOSTER - PCA Skin Hyaluronic Acid Overnight Mask OR PCA Skin Hydrating Mask

PIGMENTATION REGIME

CLEANSE - PCA Skin Pigment Bar (am/pm)

PREVENT - PCA Skin C&E OR C&E Advanced (am/pm)

TREAT - PCA Skin Vitamin B3 Brightening Serum (am/pm)

PCA Skin Intensive Brightening Treatment: 0.5% Pure Retinol Night (pm)

HYDRATE - PCA Skin Hyaluronic Acid Boosting Serum (as required)

PROTECT - PCA Skin Daily Defense Broad Spectrum SPF 50+ (am) OR PCA Skin Hydrator Plus Broad Spectrum SPF 30 (dry skin)

BOOSTER - PCA Skin Revitalizing Mask

