



ANTI-AGING REGIME

CLEANSE - Medik8 Surface Radiance Cleanse (am/pm) OR Medik8 Pore Cleanse Gel Intense

PREVENT - Medik8 C-Tetra or luxe (am) oil based OR Medik8 Super C Ferulic (water based)

TREAT - Medik8 Liquid Peptides (am/pm)

Medik8 Retinol Serums OR Crystal Retinols

OR Medik8 Bakuchiol Peptides

HYDRATE - Medik8 Hydr8 B5 (as required) OR Medik8 Hydr8 B5 Intense

Medik8 Balance Moisturiser + Glycolic Acid Activator (pm or am/pm) OR Medik8 Advanced Night Restore

PROTECT - Medik8 Daily Radiance Vitamin C With SPF30 (am) OR Medik8 Advanced Day Ultimate Protect SPF 50+ OR Medik8 Physical Sunscreen SPF 50+

BOOSTER - Medik8 Sleep Glycolic

BLEMISH-PRONE REGIME

CLEANSE - Medik8 Clarifying Foam (am/pm)

Blemish control pads (am/pm)

PREVENT - Medik8 Clarity Peptides (am/pm)

TREAT - Medik8 Blemish SOS (am/pm)

HYDRATE - Medik8 Hydr8 B5 (as required) OR Medik8 Hydr8 B5 Intense

Medik8 Balance Moisturiser + Glycolic Acid Activator (pm or am/pm)

PROTECT - Medik8 Daily Radiance Vitamin C With SPF30 (am) OR Medik8 Advanced Day Ultimate Protect SPF 50+ OR Medik8 Physical Sunscreen SPF 50+

BOOSTER- Medik8 Natural Clay Mask

ROSACEA/REDNESS REGIME

CLEANSE - Medik8 Calmwise Soothing Cleanser (am/pm)

PREVENT - Medik8 C-Tetra or luxe (am) oil based OR Medik8 Super C Ferulic (water based)

TREAT - Medik8 Calmwise Serum (am/pm)

HYDRATE - Medik8 Hydr8 B5 (as required) OR Medik8 Hydr8 B5 Intense

Medik8 Advanced Night Restore (pm or am/pm) OR Medik8 Ultimate Recovery

PROTECT - Medik8 Physical Sunscreen SPF 50+ (am) OR Medik8 Daily Radiance Vitamin C With SPF30

BOOSTER - Medik8 Ultimate Recovery™ Bio-Cellulose Mask

PIGMENTATION REGIME

CLEANSE - Medik8 Surface Radiance Cleanse (am/pm) OR Medik8 Pore Cleanse Gel Intense

PREVENT - Medik8 C-Tetra or luxe (am) oil based OR Medik8 Super C Ferulic (water based)

TREAT - Medik8 Oxy-R Peptides (am/pm)

HYDRATE - Medik8 Hydr8 B5 (as required) OR Medik8 Hydr8 B5 Intense

Medik8 Advanced Night Restore (pm or am/pm)

PROTECT - Medik8 Daily Radiance Vitamin C With SPF30 (am) OR Medik8 Advanced Day Ultimate Protect SPF 50+ OR Medik8 Physical Sunscreen SPF 50+

