

# Stratum C<sup>TM</sup>

The Menopause Skin Care Range

Tried and tested by beauty experts...

As seen in:

**Aesthetics**  
The monthly journal for medical aesthetic professionals

**Daily Mail**

**WHAT WE THIS WEEK** ♥  
Now that autumn is here, **Philosophy Granny's Apple Pie Shampoo, Shower Gel & Bubble Bath** (£14, [www.boots.com](http://www.boots.com)) is sweet and fruity morning skin care. With six times more than your average, it had better get you perfect condition. **Lancome L'Absol Velvet Matte Lip Colour** (£20, [www.lancome.co.uk](http://www.lancome.co.uk)). Matte lip colours are unforgiving on chapped lips, so go heavy on the balm before applying one of the nine new shades. With mass beauty research into ingredients specifically targeting menopause, **Stratum C Moisturising Cream** (£85, [www.stratumc.com](http://www.stratumc.com)) is ahead of the curve. Promising a collagen boost of 70 per cent using specific peptides, this is one

BEAUTY SECRETS

## The miracle worker?

There's a new kid on the beauty block. It's the

**prima**

After ingredients says skincare expert the University of our skin's elasticity, it's go Matryl mad ct. Rather use one he difference.

IN YOUR 40s...

**PROBLEM** This is the decade when ageing really starts to show. 'Upper and lower eyelids begin to sag, crow's feet develop, frown lines deepen and vertical lines begin to appear and deepen around the lips,' says Malvina. Time to ask for more from your daily moisturiser.

**BEST BUYS**

Look out for products with skin-

itamin. tides repair hat peptides

**The Lady**

**Woman's Own**

● **Harley Street Skin StemCellution Anti-Ageing Serum, £50**, is derived from apple stem cells to stimulate collagen, plump up skin and aid cell repair to help turn back the clock.

● **Olay Regenera Treatment Cream** contains Matrix eyes, jawline and

● **Transformul & Tightening Creme, £36.95** contains potent ingre help rede cont revit

**PROFESSIONAL beauty**

**Take extra care of your skin...**

As you reach the menopause, your skin will become drier and less elastic due to the dip in hormones. You can lose as much as 30% of your skin's collagen in the first five years of menopause. Try **Colladeen Visage** skin supplement (£18.95 for 60, [naturesbest.co.uk](http://naturesbest.co.uk)), or **Stratum C Menopause** to help boost collagen (from £45, [stratumc.com](http://stratumc.com)).

**Need more help?**

Visit [menopausematters.co.uk](http://menopausematters.co.uk)

[www.uk/livewell](http://www.uk/livewell)

**Face cream to keep your skin glowing through the menopause**

By **Nick McDermott** Science Reporter

AS any woman of a certain age will know only too well, the menopause can wreak havoc

stance which cumulates gradually during the menopause, making the skin sag and wrinkle. The catch? A 50ml pot will set

**beauty buzz**

This week's tricks and treats. By **Bella Blissett**  
Bella is winner of the CEW (UK) Members' Achiever Award



**Go back to collagen**

Susan Sarandon and Helen Mirren (above) fly the flag for fabulous mature skin, and so can the rest of us over a certain age thanks to **Stratum C**. Stepping into the long-neglected arena of menopausal skincare, it is tailored towards hormone-related skin degeneration and contains **Matryl**, which stimulates collagen production. From £18, [stratumc.com](http://stratumc.com).



Tweet your questions to @StratumC or you at [www.stratumc.co.uk](http://www.stratumc.co.uk)

**YOU** MAGAZINE

**METRO**



**EXPRESS**

Home of the Daily and Sunday Express

**Boost Your Skincare**

**Stratum C<sup>TM</sup>** is the UK's first skincare range created specifically for menopausal skin. It encourages the skin to double its production of collagen, provides intensive moisturisation and contains a muscle-tightening ingredient which has been shown to reduce deep wrinkles. "This is my beauty tip for staying young and feeling great into my fifties," reveals TV presenter **Linda Barker**, [www.stratumc.com](http://www.stratumc.com)

Facelift in a jar?



**DAILY Mirror**

**PROFESSIONAL spa & wellness**