

Retinol 40™

Professional Strength Boost Concentrate™



5ml

An advanced time release boost concentrate designed to progressively introduce low irritation retinol to your skin care regime. Contains 4.0% all-trans retinol in its purest and most active over-the counter form, delivered in a new microencapsulation controlled release technology to transport stable retinol directly to the areas requiring treatment. Helps stimulate the production of collagen and increases levels of epidermal hyaluronic acid, improving the appearance of fine lines and wrinkles in targeted areas. Skin sagginess, roughness and hyperpigmentation are also improved; leading to a more youthful skin appearance.

Suitable for all skin types, especially mature

ACTIVE INGREDIENTS:

- **Retinol (4.0%)** - helps promote collagen synthesis, improves skin texture and increases skin hydration

FEATURES:

- Designed for mixing with your regular night moisturiser to gradually increase the concentration of retinol as your skin tolerance builds up
- Encapsulation of retinol molecules
- Low skin irritation
- Time release delivery system (controlled and gradual release of active ingredients)
- Ground-breaking stability data (shelf life of 24 months, period after opening of 12 months)
- Short batch runs for maximum stability
- Light weight and non-greasy
- Non-acne aggravating and non-comedogenic (does not clog the pores)
- Fragrance-free
- Paraben-free, preservative-free (self preserving formula)
- No petrochemicals
- Shelf life: 12 months
- Up to 35 applications
- Recommended retail price: £75.00
- Size: 5ml; dropper bottle

BENEFITS:

- Precise ladder method for scalable retinol dosage, with just one product. Highly recommended to individuals who have never commenced a retinol regime before as it allows gradual increase of retinol concentration while the skin tolerance builds up. Dramatically diminishes the depth and size of wrinkles in the skin
- Visibly regenerates the epidermal layer of the skin, encouraging a smoother appearance of face contours, through stimulated production of collagen and elastin
- Speeds up the natural peeling of dead skin cells and stimulates new cells' growth for an enhanced regenerative effect on the complexion
- Helps to refine skin tones and brighten up darker patches on the skin by accelerating the natural peeling of the corneocytes
- Unblocks the hair follicle pores and regulates the sebaceous gland activity for anti-acne and comedolytic benefits - the formation of comedones, also known as blackheads, becomes largely inhibited leading to a clearer, less congested complexion
- Refined Jojoba Oil ensures that Retinol 40 Boost Concentrate does not over-dry the skin, leaving it smooth and lightly hydrated
- Mixed with night hand & body lotion, actively reduces the size and colour density of age spots on hands, arms and décolleté

See reverse side for recommendations for use, directions for use and precautions

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RECOMMENDATIONS FOR USE:

- Continuous skin care regime designed to slow down and help reverse the process of skin aging
 - Prophylactic and treatment of fine lines and wrinkles, nasal-labial and neck folds, skin hyperpigmentation and congested pores
- Supplementation of treatments with AHA

DIRECTIONS FOR USE:

Retinol 40 Boost Concentrate has been formulated to mix with your usual hydrator.

In the evening add one drop of Retinol 40 Boost Concentrate to your usual hydrator before applying to your face. If using Retinol 40 Boost Concentrate in daylight, ensure that it is mixed well with an SPF hydrator.

PRECAUTIONS:

- Do not apply neat to skin unless instructed as it can cause severe irritation (this product is designed for mixing with night hydrator only).

To build up skin tolerance to retinol, allow 3 day intervals between applications for a minimum of two weeks. Consult with your GP before commencing a retinol regime if pregnant, lactating, undergoing skin peeling procedures or taking prescription medication for acne.

- **Frequency of use:** Apply every 3rd day for the first 2 weeks*.
Apply every 2nd day for weeks 3 and 4*.
Apply every day for weeks 5 and 6*.
- Begin your regime by adding 0.2% Retinol 40 Boost Concentrate to your hydrator (unless directed otherwise by your professional skincare consultant).
- After completing the 6 week* cycle, ensuring that your skin is fully adjusted, you may wish to increase the retinol concentration by 0.2% or seek advice from your professional skincare consultant. The 6 week* application cycle must be followed every time the percentage of retinol is increased.

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Dosage Guide:

- E.g. Number of pumps of Hydr8 + numbers of drops of Retinol 40 Boost = % of Retinol

Number of pumps of Hydr8	Number of drops Of Retinol 40 Boost	% of Retinol
2 (1.0g)	1	0.1
1 (0.5g)	1	0.2
2	2	0.2
1	2	0.4
2	4	0.4
1	3	0.6
2	6	0.6
1	4	0.8
2	8	0.8
1	5	1.0
2	10	1.0

- Note: We advise using Medik8 Retinol following the strict guidance of professional therapists.