

The Premier Spa Business Resource

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Rest Assured

Sleep-inducing Treatments

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Rhonda's Picks

Rhonda J. Wilson, Executive Editor

SKIN TYPE: DRY



While growing up in Los Angeles, I spent a lot of time sunbathing and skiing—perhaps a little too much—without using sunscreen. It was a lot like driving without a seatbelt. So, at this point in my life, it's all about paying the debts I owe to my dry, hyperpigmented skin. This year's bounty of products has placed me on the road to restoration, as they contain high-performance antioxidants and antiaging formulations. I'm also fortunate to be cashing in on the benefits of ingredients such as hyaluronic acid, peptides, state-of-the-art SPF, açai berry, sea kelp and green tea extracts.

DAYS SPA 2010 EDITORS' CHOICE



SPF 30
HydroPeptide

I work in California's San Fernando Valley, which sees its share of triple-digit temperatures in the summer and fall. This SPF contains aloe and cucumber extracts for hydration, as well as zinc oxide to protect my hyperpigmented skin from additional UV damage. Plus, açai berry and green tea extracts give this product a fresh scent.

PLUS
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