



Get the look:
LIVIA FIRTH

I was lucky enough to be in LA for Oscar season to beautify some of the A list. To give beautiful Livia Firth's skin an extra red carpet glow here, I firstly exfoliated with the wonderful organic, toxin-free **TATA HARPER's** Resurfacing Mask (\$55, tatabarperskincare.com).



I then massaged an eco organic oil discovered from the Guatemalan Rainforest (£25; rainforestoil@gmail.com) which leaves the skin glowing, radiant and plump.

I kept her skin hydrated with a spritz of **ORGANIC ROSEWATER** (available from all good chemists).

THIS MONTH WE CAN'T LIVE WITHOUT:

- 1. M-A-C LADY DANGER** For the perfect catwalk red that suits all skin tones. £13.50; maccosmetics.co.uk
- 2. PAYOT MASQUE PATCH DESIGN YEUX** are smoothing eye patches that re-energise and de-puff the delicate eye area whilst smoothing out fine lines and wrinkles. £37.50; feelunique.com
- 3. HYDROPEPTIDE INSTANT MIRACLE PEPTIDE MASK** Using Okro, a toxin-free alternative to Botox, this mask helps to inhibit muscle cell contraction for up to 24 hours and has an accumulative effect leaving a smooth appearance. £30; bioactivebeauty.com

Skin DEEP

The latest health and beauty news. By *Nathalie Eleni*

▼ **BEAUTY CLINIC BYE BYE TO EYE BAGS**

Mesotherapy is a non-surgical cosmetic medicine treatment which employs multiple injections of pharmaceutical and homeopathic medications, plant extracts, vitamins, and other key ingredients into the subcutaneous fat layer. A great, non-invasive way to refresh tired, puffy eyes. I highly recommend Cosmetic Plastic Surgeon, Angelica Kavouni. From £500 for four treatments; cosmetic-solutions.co.uk



BEAUTY TREAT OF THE MONTH

Tua Trend is a great alternative to a facial for those who are always on the move, or to use in between treatments for an instant radiant and lifted look. This machine works by hydro electronic micro-currents which are applied to different areas on the face with a varying current. The electrode heads will then vibrate and work out the facial muscles – often finding those little-used muscles. Great for beauty on the go as it fits neatly into your handbag. £209; tuatrendface.com



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Awards & Recognitions

