

## HEATHER'S PICKS

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### 5. Active Radiance Serum, Murad

I begin every day with a glass of O.J. spiked with a packet of Emergen-C. I'm convinced the routine keeps germs—and pesky colds—at bay. This product gives my skin the same defense against environmental hazards. The secret is Murad's Resilient-C complex, comprised of peptides, botanical extracts and water-soluble vitamin C, which delivers 50 times the antioxidant defense of the topical kind.

Now I've added one more ingredient to my C routine.

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### 6. Eye, HydroPeptide

If I were stranded on a desert island and could bring only one makeup product, it would be mascara. Tragically, this love affair has soured my relationships with eye creams. Their dewy finish attracts mascara pigment, making me look like a raccoon's tired, human cousin. This creamy, plumping eye treatment absorbs to an almost matte finish, rejecting any wayward pigment. Plus, it battles under-eye darkness and age spots, and—big bonus—instantly brightens with luminescent crushed pearls. My island bag just got a little fuller.

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### 7. Tri-Enzyme Resurfacing Gel Mask, Elemis

Admittedly, the idea of this product gave me pause: AHAs and resurfacing enzymes? After a month of testing myriad products, I didn't know if I had any surface left. But this smooth, cool gel was refreshing. The slight tingle was subtle, and the result was toned, tight, dewy skin (thank you, peptides). The next day, all my dead surface cells were gone (turns out that I had a few left) and my face glowed.

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### 8. Aquamucine Cream SPF 15, G.M. Collin

I once heard that Jennifer Lopez used to bathe in her favorite face cream. Silly J-Lo, I thought then. Now, I get it. When I applied this smooth, sweet-smelling moisturizer, I immediately wanted a gallon. It's infused with six hydrating ceramides that give it a light, silky texture. And it lacks any of the grit found in some sunscreens. Each time I apply it, I swear I can hear my skin slurp and say, 'Ahhh.'

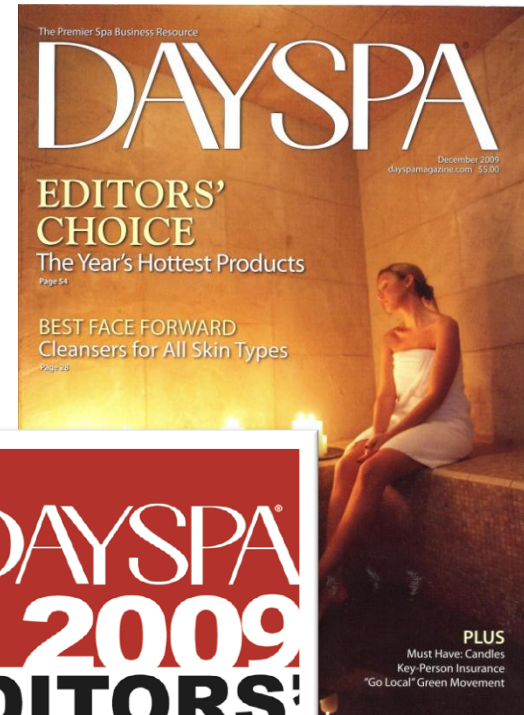
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