

FAQ's - Hydr8 beta

1. What are the key active ingredients within the formula?

Prebiotics/probiotics work to balance the skin's natural bacteria equilibrium, reducing blemish causing bacteria on the skin's surface which leads to breakouts. Cinnamon extract regulates the skin's sebum production to minimise excess shine, blemishes and acne outbreaks. Essential moisture is retained by niacinamide, which also offers anti-inflammatory properties to decrease unwanted redness and irritation. The skin's wound healing ability is boosted by the inclusion of beta-glucan, which encourages cell regeneration and repair.

2. What is the difference between prebiotics and probiotics?

Prebiotics are especially important for vulnerable skin because they encourage the growth of probiotics - the natural 'good' bacteria which in turn help to eradicate the bacteria at the root of acne. Probiotics can help to balance the skin's bacteria levels and decrease acne causing bacteria.

3. How does the prebiotic/ probiotic technology work?

Medik8 utilise the latest prebiotic technology in cosmeceutical skin science. Prebiotics present in Hydr8 Beta revolutionise skincare as they are highly effective and at the same time, extremely compatible with the skin.

The purpose of prebiotics is to stimulate the beneficial skin micro flora in order for the skin to function as a healthy organ. When Hydr8 Beta is applied to the skin these prebiotics inhibit harmful or unwanted bacteria while protecting the beneficial skin flora. Various skin conditions which leave the skin vulnerable, like acne and its associated inflammation, are accelerated by the presence of unwanted bacteria.

4. How is skin sebum regulated by Hydr8 beta?

The probiotic active ingredient is complemented by cinnamon extract which improves the overall health of the skin by specifically combating the primary causes of skin imbalance. Skin sebum production is regulated; especially that of oily, acne prone types which in turn, decreases the frequency of acne type lesions. This is due to the high catechinic tannin content of the extract which acts as a slight astringent and stimulant of skin cells.

5. Will Hydr8 beta leave a shiny residue after application?

Hydr8 beta consists of a mattifying base which will ensure that no shiny residue is left on the skin after use. Cinnamon extract also regulates the sebum production to minimise excess oil produced by the sebaceous glands.

6. Is it necessary to apply a sunscreen product as well?

It is always advisable to wear a product containing an SPF to protect from UV damage- even during the winter months. UV damage is the biggest cause of premature ageing and photodamage. For oily and acne prone skin, a mineral sunscreen would be recommended to minimise acne aggravation.

7. Does the product contain any ingredients that can aggravate acne or are comedogenic?

Hydr8 beta is a lightweight and non-greasy formulation that has the additional properties of being non-drying, non-sensitising & non-irritating. It is also non-acne aggravating and non-comedogenic (does not clog the pores)

8 . When should you apply Hydr8 beta?

Hydr8 beta forms part of a continuous skincare regime designed for daily use to assist in preventing acne outbreaks. In the morning and evening, after cleansing and applying your Medik8 Prevent and/or Correct products.

9. Is Hydr8 beta for face or body application?

Hydr8 beta is designed for direct application to the face.

10. What skin type is Hydr8 beta suitable for?

For Acneic and Oily Skin.

11. What skin types are not suitable for Hydr8 beta?

The only skin types that are not suitable for Hydr8 beta would be extremely dry as it is tailored to the needs of acneic and oily skin. Extremely dry skin would need a moisturising product that has a very high emollient content.

12. How many times a day can you apply Hydr8 beta?

Hydr8 beta is recommended for application twice a day; once in the morning and once in the evening. However, it is suitable for more frequent use if desired.

13. What are the other features of the product?

Other features of Hydr8 beta include; being an ideal make up base, fragrance-free, paraben-free, shelf life: 36 months, period after opening: 36 months.

14. What is the difference between Hydr8 beta and Hydr8 Day?

Hydr8 beta is specifically designed for skin that is oily and acne prone due to the active ingredients which mattify the skin and reduce acne causing bacteria. Hydr8 Day is suitable for Normal to dry and normal to oily skin.

15. Can Hydr8 B5 be used in conjunction with Hydr8 beta?

Hydr8 B5 is very suitable for use in conjunction with Hydr8 beta, especially for combination skin types that require extra hydration but suffer from acne outbreaks.

16. What other products are good to use in combination with Hydr8 beta?

Product especially recommended for use in combination with Hydr8 beta include: betaCleanse, βblue AOX, Anti- Acne Kit, White Balance

17. How will the clients skin benefit from using Hydr8 beta?

Hydr8 beta will provide continuous hydration with anti-inflammatory benefits, controlling shine and oil production to create a mattifying effect.

18. Where does the application of Hydr8 beta fit into the Medik8 protocol?

Hydr8 beta is a unique product which forms part of both the 'Hydr8' range and the 'beta' range of the medik8 skincare lines. Hydr8 beta should be applied after cleansing and applying your Medik8 Prevent and/or Correct products.

19. Is it suitable for combination skin that has dry patches yet suffers from occasional acne outbreaks?

Hydr8 beta is very suitable for combination skin as it provides hydration and at the same time contains ingredients which help to prevent future breakouts.

20. How much product should be applied per application?

It is recommended that two pumps of the product is sufficient to cover the face

21. How many applications are there of Hydr8 beta per tube?

There are up to 50 applications per tube.