

EASY LIVING JUNE 2011 £3.70

Jennifer ANISTON sets the record straight

FASHION
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Save money in minutes You'll be amazed how easy it is

Wake up smiling!
FEEL HAPPIER, CALMER, FITTER, RIGHT NOW

IN DEPTH
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PLUS! The one beauty buy that can transform your skin

Beauty

Skin-transforming SERUMS

Promising fast results, serums are the skincare breakthrough of recent years. We help you find one to suit you

BY CATHERINE TURNER PHOTOGRAPH BENOIT AUDUREAU

BEST FOR RADIANCE AND GLOW
Estée Lauder Idealist One Skincare Murmuratic #10 (available from June), is an oil-free cream-gel which gives instant radiance. Thanks to the light technology used to give women's skin a fashionable glow at the New York show recently, plus it's backed up with long-term brightening ingredients.

BEST FOR BANISHING BLEMISHES
SkinCeuticals Blemish + Age Defense, £75, tackles oily breakouts and ageing with the highly effective anti-acne ingredient salicylic acid, plus glycolic acid to treat wrinkles and dioic acid to control oil and minimise hyper-pigmentation.

BEST FOR DEWY FRESHNESS
Aria Aesthetics Clinical Serum-Fill 33 Facial Filling Serum, £20, may have a mind-you-with-science name, but it's a great, easy-to-use gel serum containing hyaluronic acid to improve moisture levels in skin.

BEST FOR OVERNIGHT IMPROVEMENT
Skay Night Renewed Elixir, £23.99, is a 10 in 1 in the Skayles and can be used in AM. It contains glycolic acid, the 'peeling' ingredient, dermatologists use to give skin a baby-soft texture – this high-strength version won't break the bank or leave you red-rim.

BEST FOR A YOUTH BOOST
Intracelicals Regenerate Daily Serum, £182.05, contains a barrage of anti-ageing ingredients, including vitamin A to improve radiance, hyaluronic acid (and partnered to ceramids, and antioxidants such as green tea) to protect skin from daily exposure to UV and pollutants.

BEST FOR ALL-OVER SMOOTHNESS
L'Oréal Youth Code Serum, £24.99, offers the company's state-of-the-art anti-ageing technology at an affordable price tag. It contains moisturising, skin-plumping and smoothing ingredients in a concentrated form which leaves skin looking youthful.

126 EASY LIVING For the full lowdown on how to choose and use your serum, visit easyliving.co.uk

“ Best For Banishing Blemishes: SkinCeuticals Blemish + Age Defense, £75, tackles oily breakouts and ageing with the highly effective anti-acne ingredient salicylic acid, plus glycolic acid to treat wrinkles and dioic acid to control oil and minimise hyper – pigmentation. ”

— Easy Living, Skin – transforming Serums