

## **See how the Personal Medik8 Titanium Dermastamp can help with your skin problem:**

### **Pigmentation**

Hyperpigmentation is the result of the brown pigment present in the skin (melanin) being deposited in excess and becoming clumped together producing an unwanted brown spot, visible on the skin's surface.

As hyperpigmentation can occur on all body sites, a treatment is therefore needed that is suitable for use on all areas. The small head of the Titanium Dermastamp provides accuracy on all hard to reach areas that may be experiencing superficial hyperpigmentation issues. Particularly suitable for use on the hands, which is an area especially prone to hyperpigmentation.

The result is a better appearance of the hyperpigmentation concern and a more even skin tone. Always remember to include a broad-spectrum sun cream in your daily skin care routine especially when treating hyperpigmentation like Medik8 Hydr8™ Day. Sunlight causes the hyperpigmentation so any form of exposure will result in darkening of the mark.

It is recommended that you use the 0.2mm version of the Medik8 Titanium Dermastamp to enhance the penetration of lightening actives at the epidermal level of the skin. Using longer needles may cause deeper penetration of the active ingredients from lightening serums and creams, which is not desirable in treating hyperpigmentation as it is a very superficial skin condition. This does not mean that using longer microneedles with lightening treatments is harmful; however it would not produce optimal results.

Notice: To build up skin tolerance to skin needling, allow 3 day intervals between treatments for a minimum of 2 weeks. As your skin becomes adjusted to needling, gradually increase the frequency of use. Do not use more than once a day. If used more than once a day the Medik8 Titanium Dermastamp may cause more inflammation than is aimed for and even cause damage.

### **Medik8 Titanium Dermastamp Hyperpigmentation Protocol**

1. **STERILISE:** Disinfect the Titanium Dermastamp by using Medik8 Sanitising Solution directly on the needles before every use and allow to dry.
2. **CLEANSE:** Cleanse the targeted isolated hyperpigmentation mark and surrounding area by applying Medik8 betaCleanse or your preferred cleanser, following product instructions. Ensure the skin is left clean and dry.
3. **STAMP:** Hold the Dermastamp (like a pen) close to the needle head, providing greater control and accuracy of application. The free hand can be used to hold the skin taught surrounding the hyperpigmentation mark.

Rest your elbow/ forearm on a flat surface to avoid movement of the needles when in contact with your skin.

Holding the Dermastamp directly over the isolated hyperpigmentation mark, repeatedly press the needles into the skin 20-25 times ensuring the whole pigmentation mark receives repetitive needling.

**IMPORTANT TIP:** fully remove the Dermastamp from contact with the skin between each application. Do not rotate/ twist the Dermastamp whilst in contact with the skin.

4. **CORRECT:** Apply Medik8 White Balance Serum directly over the stamped area and allow to fully absorb.

5. **PREVENT:** Apply Medik8 vitamin C serum- C-Tetra or CE-Tetra directly over the stamped area and allow to fully absorb.

6. **FINISH:** Clean the Dermastamp by running under hot water and sanitise as before.

Allow to dry before replacing cap.

**IMPORTANT:**

To address the symptoms of hyperpigmentation, it is crucial that you wear SPF protection during the day at all times. Hyperpigmentation is caused by UV exposure and any treatment undertaken will be quickly undone if you do not change your sun exposure habits.

We recommend that you wear Hydr8™ Day or your preferred mineral sunscreen of at least SPF15 and stay out of sun between 10am and 3pm.

Treatment duration: 5 – 10 minutes

Frequency of use: 2 -7 times per week, depending on skin tolerance. To build up skin tolerance to Skin Needling, allow 3 day intervals between treatments for a minimum of 2 weeks. Gradually increase frequency of use, when your skin becomes adjusted to needling. Do not use more than once a day.

Optimal treatment time: For best results, use at night to allow for maximum absorption of the active formulation.