

Frequently Asked Questions

What is microdermabrasion?

Originally developed in Italy, one of the beauty capitals of the world, microdermabrasion has been used successfully for years by millions of women for the treatment of fine lines, wrinkles, acne scars, superficial pigmentation and sun-damaged skin. It is considered safe on all skin types. Professional treatments can cost thousands of pounds, DermaSponge is the only home product that gives you results comparable to professional treatments for a fraction of the cost.

Will DermaSponge cause redness on my skin?

Immediately after treatment, your skin will take on a fresh new "glow" and there will be some temporary redness present, similar to a mild sunburn. This will disappear in a few hours (or days for more sensitive skin). Apply DermaRelief Gel as often as necessary to relieve irritation. Make-up can be applied immediately after procedure to minimize the appearance of redness.

Can I still use Retin-A®, Renova® and Alpha Hydroxy Acids?

Yes. But DO NOT USE those products or chemical exfoliants on your skin for several days after using DermaSponge.

Why does my skin flake or peel after using DermaSponge?

This is good! Your new skin is healing and rejuvenating. Like after a mild sunburn, the peeling and flaking should last about 2-3 days (a little more for some people with sensitive skin). Just gently rub the dead skin away with a soft dry flannel.

Will DermaSponge increase my skin's sensitivity to the sun?

Not directly, since there are no chemicals in DermaSponge. You should use a sunscreen for several days after any true microdermabrasion treatment as your new skin will be slightly more sensitive than normal.

My skin is burning or tingling - is this OK?

Yes. As with any true microdermabrasion treatment, you may experience redness, tingling or burning sensations similar to a mild sunburn. This means your microdermabrasion treatment is working! This will go away in a few hours. Apply Derma-Relief Gel as often as necessary. With more sensitive skin, it can take a little longer. Remember, if your skin is extremely sensitive, you can use the HydraLipid Serum before your DermaSponge treatment to reduce irritation.

Disclaimer

Used as directed, DermaSponge Products are safe and effective. However, since everyone's skin is different we can't guarantee the specific results you will get. To make you Gorgeous accepts no responsibility or liability for any misuse of its products or for any consequences or injuries as a result of using its products.

Maintenance

Just like a clinic treatment, your skin needs regular maintenance to maintain your new skin, this applies to any non-surgical procedure, including expensive laser peels, chemical peels, botox and Microdermabrasion.

The reason for maintaining Microdermabrasion is that your skin responds to the 'stress' of a treatment by growing new skin with higher amounts of collagen and elastin which makes the skin appear smoother and firmer. However, if you stop maintaining the skin, eventually it will start to reduce the amount of collagen and elastin and your skin's appearance will revert somewhat to its prior state. In the case of acne scars, DermaSponge is not eliminating them, it is reducing their visibility by producing skin that has more collagen and elastin. That is why it is necessary to stay on a regular maintenance routine using DermaSponge after your first six bi-weekly treatments. It is therefore recommended that you do ONE DermaSponge treatment every 1 to 2 or 2 to 3 months to maintain your fresh new skin. Maintenance treatments and their frequency may vary depending on your skin type. It is NOT necessary to do a complete new course of 6 treatments for maintenance, although some skin problems may warrant a complete new course of 6 treatments once a year.

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The First Professional Microdermabrasion System for Home Use!

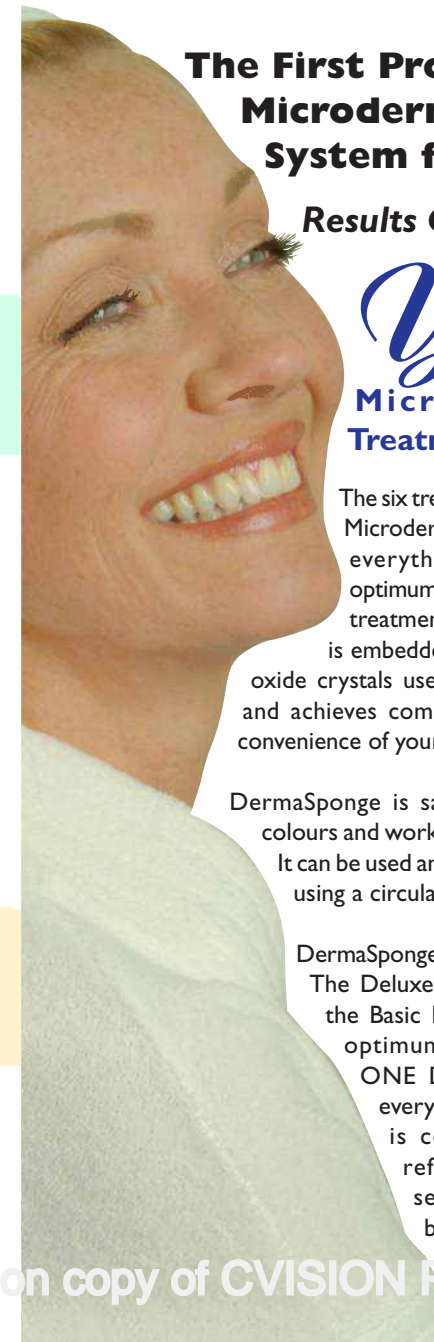
Results Guaranteed!

You are about to give yourself a professional Microdermabrasion Treatment!

The six treatment DermaSponge home Microdermabrasion system includes everything you need to achieve optimum results for less than just one treatment at a clinic. DermaSponge is embedded with the same aluminum oxide crystals used in professional machines and achieves comparable results but in the convenience of your own home!

DermaSponge is safe for all skin types and colours and works for both men and women. It can be used anywhere on the face or body using a circular motion to buff the skin.

DermaSponge is a course of treatments. The Deluxe Kit has 6 treatments and the Basic Kit has 4 treatments. For optimum results you should do ONE DermaSponge treatment every 2 weeks until your course is completed - please then refer to the 'Maintenance' section at the back of the brochure.



Important! Please read before you begin.

Microdermabrasion is a highly effective method of improving your skin's appearance and health. By gently removing the surface layer of skin, DermaSponge stimulates growth of new, younger looking, more radiant skin. Until DermaSponge, microdermabrasion was only available at clinics. Now you can achieve the same results at home!

To get the best results, you must read all the instructions thoroughly and follow them carefully! Failure to follow the instructions may result in ineffective treatments or excessive skin irritation! Please read the instructions before each treatment.

Since everyone's skin varies, we recommend starting with a 1 minute application using light to moderate pressure. For unusually sensitive skin, perform the Skin Sensitivity Test below first. As your skin adjusts, you may increase your treatment time until you reach 3 minutes, for the whole area.

If you have little or no irritation, redness, or peeling after a test or treatment, your skin may be less sensitive or may be adjusting to the treatments. If that happens, increase treatment times gradually up to 5 minutes over the entire face. Always start with lighter pressure and adjust for your skin type as needed. Thicker, less sensitive skin may be able to handle slightly more pressure.

Skin Sensitivity Test

Use DermaSponge on the soft skin of your inner forearm for a minute. Wait awhile to see the results. If you have irritation and redness similar to a minor sunburn, this is normal after true microdermabrasion. If you experience more discomfort, then you may have sensitive skin and should limit your first couple of treatments to 1 minute. For extremely sensitive skin, apply HydraLipid Serum before sponge application to reduce the irritation.

Important: Please do not begin DermaSponge treatments if you have an open wound, infection, sores, inflamed acne, or other skin irritations. For optimal results allow your skin to heal completely before using DermaSponge.

Note: there are no known allergic reactions to aluminum oxide crystals. No harsh chemicals are ever used. Do not use abrasive products, such as Retin-A®, Renova® or Alpha Hydroxy Acids on the skin for several days after using DermaSponge.

Skin Preparation

Apply DermaSponge Prep Wash Cleanser. This is designed to cleanse your skin before micro-dermabrasion with gentle, soothing ingredients like Eucalyptus Oil, Grapefruit Seed Extract, Sandalwood Extract, Lemon Oil and Apricots. Avoid eye area. Does not lather. Thoroughly dry your skin.

For extremely sensitive skin only: Apply HydraLipid Serum before sponge application to reduce irritation.

Sponge Application

Use dry sponge only on dry skin. Use one sponge per treatment. Do not reuse sponge. Discard after use for proper hygiene.

Following the examples below, gently buff skin with the abrasive side of the sponge using light to moderate pressure to test the sensitivity of your skin.

Never use heavy pressure or spend too much time on just one area of the skin.

Around Eyes & Lip Line - buff very lightly with extreme caution as the skin around the eye area is very thin. Use extremely light, gentle circular motions, buffing away from the centre of the face outwards.

DermaSponge can also be used on the neck, chest and the hands as well as other areas of the body.

How to do a Derma Sponge Treatment



1. Forehead

Using a circular motion, buff your skin in small circles moving continuously from one side to the other across your forehead.

2. Cheeks

Buff in a broad circular motion from the front towards the back on both cheeks.



4. Chin

Buff horizontally back and forth across your chin.

3. Under the Nose
Buff horizontally back and forth between your nose and upper lip. Buff your nose in small circles.



After Your DermaSponge Treatment

1. Apply DermaRelief Gel generously all over your face. Derma Relief Gel contains Aloe Vera to soothe skin after your treatment. Apply as often as needed to relieve irritation. Avoid eye area.

2. Apply HydraLipid Serum to hydrate your skin. This exclusive product restores and hydrates your skin after microdermabrasion and with daily use. You can also use HydraLipid Serum at night on cleansed skin. Use alone or under a rich moisturizer for extra protection and hydration. Avoid eye area.

3. Apply Protective Day Cream SPF 15 every day to protect your fresh, new skin from damaging sun exposure. It is also a wonderful base for under make-up. This rich moisturizer contains Aloe Vera Gel, Vitamins E and A, and Green Tea Extracts to protect your skin from free radical and sun damage. Avoid eye area.

Note: About 2-3 days after treatment, your skin may start to peel or flake like after a mild sunburn. This is a normal healing process for some people after real microdermabrasion and will dissipate within a day or so. If this happens, just gently rub the dead skin away with a soft cloth or flannel.

Professional results for a fraction of the price!